1- Read the text and highlight the verb patterns.

My Relationship with Technology

In today's *fast-paced world*, technology plays a significant role in our lives. Personally, I find it essential and enjoy using it for various purposes. I particularly like staying connected with my friends and family through social media platforms. I also love streaming my favorite shows and movies online during my free time. However, there are times when I need to avoid spending too much time on my devices. I can't stand when technology distracts me from my important tasks. Sometimes, I need to manage my time better and decide when to use technology *wisely*.

I don't mind using technology for educational purposes, especially for research and learning new skills. It's a valuable tool for gaining knowledge. On the other hand, I hate it when technology malfunctions, and I can't afford to lose my data or important files.

There are *instances* when I forget to charge my phone, and it can be quite frustrating. In those moments, I would like to have a spare charger handy. I also agree that we should choose technology that fits our needs and lifestyle. Some people refuse to embrace new technologies, while others want to learn and adapt. It's important to choose what suits us best and decide how we want to use it. In the end, technology is a tool that we should utilize wisely to enhance our lives.

Make sentences about you.   -ChatGPT

I enjoy using_____

I like staying_____

I love streaming_____

I need to avoid spending_____

I can't stand _____

I need to manage_____

I don't mind using _____

I can't afford to _____