PART 4

[6 *marks*]

Questions 15 to 20

Read the texts about three different health logs. Choose the health log (**A**, **B** or **C**) which fits the descriptions.

For each question, choose the correct answer (**A**, **B** or **C**), mark the correct answer **A**, **B** or **C** on your answer sheet.

A	**Sonia's Health Log** Yesterday, I had one cup of cereal and one serving of milk for breakfast. At noon, I had two cups of rice, one cup of vegetables, and a piece of fish. In the evening, I rode my bike at the park. For dinner, I had one bowl of noodles and one cup of yoghurt. I slept at 10.00 p.m. and woke up seven hours later.
B	**Johan's Health Log** I had one piece of toast with jam for breakfast yesterday. For lunch, I had one cup of rice and two cups of vegetables. I also had a piece of chicken. Later, I had ice cream for dessert. In the evening, I played badminton with my sister. For dinner, I had one cup of rice and a piece of fish. I slept from 9.00 p.m. until 6.00 a.m.
C	**Mei Ling's Health Log** Yesterday, I woke up late and missed breakfast. I had a bar of chocolate at 11.00 a.m. At noon, I had a bowl of instant noodles and a piece of cheese. After lunch, I played video games until 5.00 p.m. At night, I had two servings of meat. I also drank a can of fizzy drink. I slept around midnight because I watched TV.

A	Sonia's Health Log
B	Johan's Health Log
C	Mei Ling's Health Log

0	She had one serving of milk for breakfast.	A
15	This person had a bowl of instant noodles for lunch.	
16	He had ice cream for dessert after lunch.	
17	This person rode her bike at the park in the evening.	
18	She slept for seven hours at night.	
19	He played badminton with his sister in the evening.	
20	She played video games after lunch.	

LIVEWORKSHEETS