

**PART 4**

[6 marks]

**Questions 15 to 20**

Read the texts about three different health logs. Choose the health log (A, B or C) which fits the descriptions.

For each question, choose the correct answer (A, B or C), mark the correct answer A, B or C on your answer sheet.

<b>A</b>	<b>Sonia's Health Log</b> Yesterday, I had one cup of cereal and one serving of milk for breakfast. At noon, I had two cups of rice, one cup of vegetables, and a piece of fish. In the evening, I rode my bike at the park. For dinner, I had one bowl of noodles and one cup of yoghurt. I slept at 10.00 p.m. and woke up seven hours later.
<b>B</b>	<b>Johan's Health Log</b> I had one piece of toast with jam for breakfast yesterday. For lunch, I had one cup of rice and two cups of vegetables. I also had a piece of chicken. Later, I had ice cream for dessert. In the evening, I played badminton with my sister. For dinner, I had one cup of rice and a piece of fish. I slept from 9.00 p.m. until 6.00 a.m.
<b>C</b>	<b>Mei Ling's Health Log</b> Yesterday, I woke up late and missed breakfast. I had a bar of chocolate at 11.00 a.m. At noon, I had a bowl of instant noodles and a piece of cheese. After lunch, I played video games until 5.00 p.m. At night, I had two servings of meat. I also drank a can of fizzy drink. I slept around midnight because I watched TV.

<b>A</b>	Sonia's Health Log
<b>B</b>	Johan's Health Log
<b>C</b>	Mei Ling's Health Log

<b>0</b>	She had one serving of milk for breakfast.	<b>A</b>
<b>15</b>	This person had a bowl of instant noodles for lunch.	
<b>16</b>	He had ice cream for dessert after lunch.	
<b>17</b>	This person rode her bike at the park in the evening.	
<b>18</b>	She slept for seven hours at night.	
<b>19</b>	He played badminton with his sister in the evening.	
<b>20</b>	She played video games after lunch.	