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**Interviewer** Joe Willis is \_\_\_\_\_ and he's a \_\_\_\_\_ in the British team. He's here today to tell us about his \_\_\_\_\_ . Joe, when did you start cycling?

**Joe** I was \_\_\_\_\_ when my dad \_\_\_\_\_ me

**Interviewer** When did you win your \_\_\_\_\_

**Joe** When I was seven years old. I was \_\_\_\_\_

**Interviewer** Do you have to do a lot of \_\_\_\_\_

**Joe** Oh yes. I cycle every day. I also \_\_\_\_\_ a week and I go to the \_\_\_\_\_ a week.

**Interviewer** How long do you \_\_\_\_\_

**Joe** Well, I \_\_\_\_\_ . I \_\_\_\_\_ and I spend about two hours \_\_\_\_\_ in the gym.

**Interviewer** Do you have a \_\_\_\_\_ :?

**Joe** Not really. I usually \_\_\_\_\_ I eat a lot of fruit, \_\_\_\_\_ . I drink a lot of water, too. I have to drink water every 15 minutes when I'm training.

**Interviewer** Joe, that's all we've got time for, but \_\_\_\_\_ you in the next Olympics ...