

Grammar

1 Complete the text with the *-ing* or infinitive form of these verbs. There is one extra verb.

give • go • receive • reply • say • tell

Despite the fact Laura's best friend Jane had arranged for her to have her hair cut by the best hairdresser in town, Laura realised that she couldn't really afford the appointment. She didn't feel like (1) Jane the truth as her friend would have suggested (2) the money to her and then the situation would have been extremely awkward. Then she remembered (3) an email from her boss the previous week, offering her the chance to do some extra hours. She had completely forgotten (4) By doing the extra hours, she would be able to afford (5) to the hairdresser without having to ask Jane for a loan.

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2 Complete the text with the correct answer, A, B, C or D.

In England, I'm used to driving on the left hand side and I'm familiar with English traffic signs and rules. So, when I hired a car in Spain I found out that some things were completely different. First of all, in order to drive, you (1) be 18 years old. In England, it's 17. Secondly, when you're on the road, you (2) drive on the right hand side. This was very confusing. It means that when you approach a roundabout, you (3) turn right onto it whereas in England, it's left. Finally, the parking is different too. In England a double yellow line at the side of the road means that you (4) park there at any time, and a single yellow line

means you (5) park there at some times of the day. But in Spain they have 'blue zones' which means you must find a ticket machine and buy a ticket.

1 A should	B may
C need to	D are allowed to
2 A have to	B should
C might	D are not allowed to
3 A may	B might
C should	D must
4 A are not allowed to	B should
C needn't	D need to
5 A have to	B may
C should	D must

/ 5

3 Choose the correct alternatives to complete the story.

Suzy looked at her rusty, old bike and wondered how much it was worth. Last summer she was going to sell/was selling it, but in the end, she having decided/had decided against it. The other kids in her class had got rid of their bikes and now had rollerblades. But Suzy remembered fondly the day she had been given her first bike, precisely because it was the one thing she had been asking/had been asked for all year. She remembered to ride/riding it for hours and hours at the weekends. Then she thought of how much she wanted to join her friends. She decided to give/giving it one more ride and then she would make a decision.

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Total / 15

Vocabulary

4 Complete the text with the correct form of *make*, *take* or *do*.

In my dad's company, they predominantly (1) business with companies based in South America and China. In the morning my dad usually (2) sales calls offering them our environmentally-friendly packaging. Although he is selling, he feels good because they are (3) a difference to the environment. Last month he asked his staff if anyone would be interested in (4) up a post in China. One employee was really keen to go to Beijing but is going to (5) some research first to see what living conditions are like there.

/ 5

5 Choose the correct alternatives to complete the text.

I would say I definitely do not have a (1) gift/grasp/master for languages. Every time I have to study for a test or an exam, I find my mind (2) wandering/recalling/groaning to a different topic. It's really frustrating. Last week, I was trying my hardest to (3) extend/perceive/memorise vocabulary for a test. Just staring at the page I felt quite (4) bewildered/overblown/impressed by all the words. Later that afternoon when my mum asked me to (5) recall/memorise/mutter what I had learned, I could only remember five words out of the 20! Maybe I'm not a visual learner!

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6 Complete the text with the correct form of the words given.

Is there such a thing as Internet addiction?

Common sense would say 'yes' but, in fact, (1) (research) are divided on the subject. First there is a problem of reaching a clear (2) (define) of what Internet addiction is. Some experts claim it is a broad term that covers a wide variety of behaviours and impulse control problems, including obsessive online gambling, shopping, game playing or web searching. Some studies claiming Internet addiction exists have been criticised heavily for the low number of (3) (participate), while others have come to (4) (conclude) such as 'teenagers show more signs of game addiction than adults' which are not exactly (5) (impress). Whether it exists or not, if you know someone who's worried about their Internet use, encourage them to tell someone and to get professional help.

/ 5

Total / 15

Reading

7 Read a selection of posts which give advice to foreign students on how to make friends in the UK. Match the questions (1–6) with the people (A–D). You may choose each person more than once.

A

When I first arrived in the UK, I wanted to meet lots of native speakers, so I put an advert in a newspaper stating that I was looking for friends. I remember the advert went out on the Thursday and that day I received roughly 80 phone calls and about 130 text messages. Everything was a little out of control and not as I had envisaged. There was no way I could befriend that many people. Also, some of the people that contacted me were clearly not native speakers and I found it difficult to understand them. I decided to dump that idea and the following week I joined a language exchange group. In the beginning, I wasn't keen on the idea, but a friend of mine spoke highly of it. I thought that the people would be really boring and shy, but they aren't at all. They are really interesting and outgoing. We meet once a week for a couple of hours. There are roughly 30 people in the group – half of them are native speakers and the rest from different countries around the world, so there are plenty of people to make friends with! – **Ana**

B

I work in a small coffee shop in the centre of my town seven days a week, which means not only do I get to practise my English with countless native speakers, but I also have the chance to make friends. I have made several friends who are actually customers. The first person that I met, Tony, is a regular customer and after a couple of weeks of constantly discussing football players and teams, he invited me to watch him play. Since then, I've joined his football club and we typically meet twice a week. Lena is another friend I've made. We share a love of films and we go to the cinema as much as we can. So my advice to you is to prepare your CV and start job hunting! There are plenty of websites and agencies that you can sign up to. A job in a coffee shop or a restaurant is ideal for meeting people, as part of your job is talking to and entertaining customers or, as I think of them, potential friends. Good luck! – **Dieter**

C

If you had asked me three months ago what the key was to making friends in the UK, I would have told you I didn't know. But now, I definitely know the answer. I've been living in shared accommodation for one month now and it has had an extremely positive effect on my life. Before this I didn't go out in the evenings, I ate on my own and I stayed in every weekend. Now, it seems my life is completely the opposite. I live in a house with three other people ranging from 21 to 35 years old. Each of my flatmates works in a different field and has different hobbies, and that's what makes things so interesting. One of them is a chef and he cooks for us all once a week. The food he cooks is delicious. It's very different from the food in my country. Another flatmate is a hairdresser and she has already cut my hair twice! – **Hassan**

D

I must admit I had a pretty clear idea of how I was going to find friends in the UK. In fact, I started before I came. I used an Internet site called FriendfinderUK. It's simple to use and you can use filters to look for people by area, age, interest and gender. I was looking for people who were into films and writing. I made one friend, Geoff, before I arrived in Manchester and he not only met me at the airport but gave me a tour of the city. Since then I've made a number of acquaintances using the site but Geoff is the only one I would say is a friend. He introduced me to his writing group and we meet every Wednesday and practise our writing skills and then afterwards we just chat in English. I know some people who think working in an English environment is the best way to improve fluency, but I think to make friends you can't beat a well-organised website. – **Luis**

Which person ...

- 1 likes the method they chose because they didn't use to be very social?
- 2 changed their approach to finding friends after an unsuccessful experience?
- 3 has daily contact with numerous native speakers?
- 4 thinks working in an English environment is not the ideal way to make friends?
- 5 began searching for British friends in their own country?
- 6 found that their expectations of some people were pleasantly different in reality from their expectations?

/ 6

8 Read the posts again and choose the best answers, A, B or C.

- 1 What happened when Ana placed an advert in a newspaper?
 A She was surprised by the response.
 B She stopped it after a month.
 C She could not understand why some people had called her.
- 2 What does Ana say about the language exchange group?
 A She hopes that she will make a lot of friends.
 B She liked the idea when she heard about it.
 C She met her best friend there.
- 3 According to the text, Dieter ...
 A watches films with the first friend he made.
 B recommends working in a clothes shop.
 C sees his customers as possible future friends.
- 4 What does Hassan say about flat sharing?
 A He now goes out every Saturday night.
 B Every week the flatmates eat together.
 C He stays in every evening.
- 5 What are the advantages of using the FriendfinderUK website, according to Luis?
 A You can meet people using specific criteria.
 B You can meet people in Manchester.
 C The people on the site are very friendly.
- 6 What does Luis say about Geoff?
 A He thinks working in an English environment is a good idea.
 B He is the only Internet contact that Luis would call a friend.
 C He works as a tourist guide.

/ 6

Total / 12

Use of English

9 Choose the best answer (A, B, C or D) to complete the text.

Social dining with a difference

With the economic crisis hitting hard, many chefs have taken to closing their restaurants and opening their homes to (1) costs. So imagine my delight when I found myself eating in the home of Michelin star chef Chema Fernandez. Instead of sitting only with my friends, we joined a communal table with (2) foodies, eager to try a new dining experience. We didn't have to make any (3) as there was no menu, and each dish was prepared with an accompanying drink. Chema (4) each dish to us and I have to say everything was at the level you would expect from someone of his experience. He (5) eager to hear our opinions of the food and at the end of the meal we gave him a round of applause, which (6) We even lent him a (7) with the clearing up. I'm pleased to say the movement is growing and there are more and more opportunities to taste high quality food at a reasonable, though not cheap, price. The communal table was a great way to meet new people, too. I love eating out with my friends, but we all have the same

opinions. Instead, I sat with a couple from Helsinki and we talked about music. To be honest we didn't exactly (8) eye to eye – but it was really interesting!

1 A raise	C down
B reduce	D low
2 A respectful	C household
B beneficial	D like-minded
3 A mess	C decisions
B work	D promises
4 A told	C suggested
B explained	D commented
5 A bothered	C seemed
B thought	D perceived
6 A went up well	C went down well
B made him up	D sent him up
7 A help	C favour
B hand	D touch
8 A watch	C look
B see	D view

/ 8

Listening

10  Listen to part of an interview with a scientist. Complete the notes with one word in each gap.

An experiment performed on a group of volunteers concluded that a siesta or a power nap during the day improved people's ability to solve a (1) 'REM' stands for 'rapid eye movement'. During this stage of the sleeping cycle, good quality sleep is experienced. Effectively, a short power nap can enhance people's chances of success and benefit those with problems related to (2)

Certain things can be done to help you sleep during the day:

- Ensure the room is at the (3) temperature.
- Don't consume any caffeine beforehand.
- If possible, close any (4) or curtains.
- Set your alarm clock.

The scientist also suggests a progressive muscle relaxation exercise. In order to carry out this exercise, you should lift your shoulders up and (5) them slowly. Then try the same exercise with different parts of the body.

/ 5

11  Listen again. Are these statements True (T) or False (F)?

1 The scientist's experiment produced results which were not conclusive.	T/F
2 To activate lateral thinking skills you need to spend hours asleep.	T/F
3 Some people can enter the REM sleep phase straight away.	T/F
4 The scientist recommends a nap of up to half an hour.	T/F
5 The scientist's relaxation technique involves repeating an exercise on different parts of the body.	T/F

/ 5

Total / 10

Writing

12 You have been discussing in class the importance of getting enough sleep for teenage brain development. Look at this statement and write an essay giving your opinion.

‘Schools should start later so teenagers can get more sleep.’

You should:

- decide if you agree, disagree or half-agree with the statement.
- write a short introduction giving your opinion(s).
- write two or three paragraphs supporting your opinion.
- write a conclusion.
- use a neutral/formal style (e.g. don't use contractions).

Write 250–275 words.

/ 10

Speaking

13 You are going to interview someone in your class. Think of answers to the questions below. Work with a partner. Take it in turns to ask and answer the questions.

- 1 Tell me something about your best friend.
- 2 Do you prefer travelling by car or by train?
- 3 Tell me about a film you have seen that you enjoyed.
- 4 What did you do last summer?
- 5 What would you like to study in the future?

You should:

- try to think of at least two things to say
- give a reason
- give an example
- add something else

/ 10

Total

/ 80