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UNIT 1

SUMMER HOLIDAYS

1. Read the definition and match.

climbing	•	• you go up big rocks or walls using your hands and feet
hiking	•	• you walk through the woods and hills to explore
cycling	•	• you stand on a cool board and ride the waves
sailing	•	• you hit a ball over a net
surfing	•	• you wear a mask and a tube to breath and explore the underwater
volleyball	•	• you ride a bike
camping	•	• you go on a boat adventure
snorkeling	•	• you have an outdoor sleepover

2. What are they? Listen and write. Then, listen and repeat.








_____ _____ _____ _____ _____







_____ _____ _____ _____ _____

3. Listen and tick. Which of these items does Mark pack?

- ☐ towel
- ☐ jumpers
- ☐ trousers
- ☐ shorts
- ☐ t-shirts
- ☐ underwear
- ☐ skirt
- ☐ bathing suit
- ☐ torch
- ☐ jeans
- ☐ compass
- ☐ camera
- ☐ water bottle
- ☐ toothbrush
- ☐ toothpaste
- ☐ soap
- ☐ pyjamas
- ☐ sleeping bag
- ☐ hat
- ☐ baseball cap



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4. Read the postcard and answer *true (T)* or *false (F)*. Then, answer the questions.

Dear Mom and Dad,

I'm having so much fun at summer camp! We've been doing cool stuff like sailing, climbing, and hiking. When we went hiking, I carried sandwiches in my backpack, and we had lunch in a beautiful forest under the trees by a river. There were animals in the river, like ducks and fish.

Sailing was awesome; the wind carried us across the water like magic. I even got to steer the boat! Climbing was super exciting; I reached the top like a real adventurer.

I miss you guys, but I'm making new friends and having the best time. Can't wait to tell you more when I get back! Love you!

Hugs and smiles,
Lisa



a) Lisa is bored at the summer camp. _____
b) Lisa has gone sailing, climbing and sailing. _____
c) Lisa had near a river. _____
d) Lisa isn't making new friends. _____

e) What did Lisa eat when she went hiking?

_____

f) Did she like sailing?

_____

g) Did she reach the top when she went climbing?

_____

5. What do you do on summer holidays? Write about it. There must be at least three lines. Use at least three vocabulary words from the previous exercises.

_____

_____

_____

_____

_____







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6. Fill in the gaps. Use go, play, do or your own ideas.

a) _____ ice-skating
b) _____ snow boarding
c) _____ tennis
d) _____ judo
e) _____ fishing
f) _____ boxing
g) _____ aerobics
h) do _____
i) play _____
j) go _____

3. Fill in the gaps with go, play, or do in the correct tense.

a) I _____ chess every afternoon.
b) My brother _____ football at this moment. He is in the park with his friends.
c) Lisa _____ volleyball every day.
d) John, Marcus and George _____ golf right now. Look at them! Who do you think is winning?
e) My mother _____ yoga every day.
f) Elisa _____ bowling with his friends once a month.
g) My class _____ camping today.
h) I _____ gymnastics three times a week.



REMEMBER!

We use **present simple** to talk about habits or routines.
She goes running every morning.
We don't do exercise regularly.

We use **present continuous** to talk about actions happening at the time of speaking.
She is running right now.
We are exercising today.

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