Sai Gon Language Center

My name is:_____ WORKSHEET

FFs3 – Unit 3	Teacher's feedbacks

Exercise 1: Circle the word whose underlined part is pronounced differently from the others'.

1. A. backache **B.** channel **C.** children

2. A. thirsty **B.** surf **C.** allergy

Exercise 2: Circle the word which has a different stress pattern from that of the others'.

3. A. allergy **B.** volunteer **C.** energy

4. A. collect **B.** donate **C.** cycle

Exercise 3: Fill each blank with the correct form of the verb in brackets.

5. She loves her job because she enjoys _____ people.

A. meet

B. to meet

C. meeting

6. We _____ to this nursing home every week.

A. come

B. comes

C. coming

7. James eats a lot of fast food and he _____weight.

A. puts on

B. gets in

C. takes up

8. _____ is the condition of having painful red skin that is caused by staying in the sun for too long.

LIVEWORKSHEETS

A. Obesity
B. Sunburn
C. Cough
9. Jessica: "Would you like a cup of coffee?"
Kim: "_____"
A. No, thanks.
B. I feel itchy.
C. I do like.
10. Ben: "Let's go camping."
Joe: "_____. I worked all night yesterday."
A. No problem
B. Just bring yourself
C. Oh, count me out

B. READING

Exercise 4: Choose the correct answer A, B, C or D for each gap to complete the following passage.

Hoa has several hobbies such as knitting, cooking, (11) _____ to music and so on. However, she likes (12) _____ books the most, which makes her comfortable after school. It also helps her to improve her knowledge. Sometimes, she plays sports (13) _____ her sisters in the front yard. In the morning, she usually (14) _____ up early to go cycling. It helps her to (15) _____ her health and enjoy fresh air in the morning.

11.
A. listen
B. listens
C. listening

12.
A. read
B. reading
C. reads
13.
A. with
B. to
C. for
14.
A. got
B. get
C. gets
15.
A. donate
B. improve
C. provide

Exercise 5: Read the passage. Circle the best answer A, B or C to each of the questions.

The secrets to a long life

Why can some people live to over a hundred, while most of us die much sooner? How long you live depends on where you live. A person who lives in a city in Australia will probably live longer than a person living in a poor part of Africa. So, what can you do to live longer? You can make healthy choices. That means eating healthy foods and getting enough exercise.

Being overweight may make your life shorter because you have a higher chance to have health problems. You can start by changing what you eat.

Eat less red meat instead of chicken or fish. Fish is really good for helping you live a longer life. You should eat lots of vegetables, so you can get a lot of the vitamins you need. You also need to get enough exercise. There are different types of exercises. Some exercise is good for the heart. Other types of exercise is good for making you stronger. Lifting weights is a good example. Along with taking care of your body, you also have to take care of your mind. Don't work too hard. Try to relax and do something fun each day. If you follow these simple rules, you will have a good chance of living a long time.

16. What is the reading text about?
A. How to live a long life.
B. You live longer thanks to the place you live.
C. Being overweight makes your life shorter.

17. What are healthy choices?
A. Eating healthy foods
B. Getting enough exercise
C. A and B

18. Why should you eat vegetables?
A. Because vegetables are better for your health than meat.
B. Because vegetables are easy to make healthy dishes.
C. Because vegetables helps you get a lot of the vitamins you need.

19. How is lifting weights good for you?
A. It makes your heart stronger.
B. It makes you stronger.
C. It makes you lose weight.

20. Which statement is NOT mentioned in the text?
A. Mental health is also important.
B. Fish and chicken are better for your health than red meat.
C. One of the secrets to a long life is to eat lots of vegetables instead of doing exercise.

C. LISTENING

Exercise 6: Listen to a student's report about how young people spend their free time and decide if the statements are true or false.

Bài nghe:

21. Young Americans are spending more time doing sports.
22. Soccer is becoming more and more popular.
23. Playing video games is also a common activity.
24. Watching sports is a good way to get exercise.
25. Exercise is important for good health.

Exercise 7: Listen to 5 people describing a health problem to a friend and fill in the blanks with NO MORE THAN THREE WORDS.

	Health problem	Suggestion
1	a terrible headache	(26) _____
2	a really bad backache	(27) _____
3	(28) _____	take some vitamin C

4	her whole body hurts	(29) _____
5	(30) _____	get some sleeping pills

D. WRITING

Exercise 8: Put the given words in good order to make meaningful sentences.

31. He/ summer/ in/ climbing/ goes/ mountain/ the/ usually/.

_____

32. it/ boring/ because/ finds/ time/ models/ Jim/ takes/ lots of/ making/.

_____

33. cold/ I/ sore throat/ love/ a /,/ drinks/ but/ have/ I/.

_____

34. Alex/ usually/ fishing/ so/,/ loves/ goes/ in/ near/ he/ his house/ fishing/ the lake/.

_____

35. Smoking/ harmful/ is/ costs/ it/ and/ a lot/ of/ money/./,/

_____