VOCABULARY EXTRA PRACTICE -Unit 2 (2)

2 Complete the text with the words below.

weary • practical • unfamiliar • patient • incapable • unable •

come to the conclusion • make an effort • emigrate • accept • interaction •

cultural gaps

Dealing with Culture Shock

Moving to a different country is not easy. Everything seems strange and (1) ..... . You may be (2) ..... to communicate with people and this can make you feel confused, sad and lonely. You may also become tired and (3) ..... , or even (4) ..... of eating or sleeping. These are all signs of culture shock. Experts have (5) ..... that the best way to deal with culture shock is to prevent it.

Before you (6) ..... , learn about the country and talk to people who have been there. This will help you to (7) ..... the new culture more easily.

Another (8) ..... tip is to learn a little of the language. Knowing how to say things like "hello" and "thank you" will help you in your (9) ..... with the local people.

(10) ..... to be part of your new culture. There will be (11) ..... , but try not to get annoyed with people who behave differently from you.

Finally, be (12) ..... with yourself – remember that it takes time to get used to new things!

LIVEWORKSHEETS