

# Food addiction

What does the word "addiction" mean in your language?

What are people usually addicted to?

Is it possible to be addicted to food?

What do people with food addiction do?

What is the addictive food full of?

What are the examples of the most addictive foods?

Possible symptoms of food addiction - complete the missing words:

eating when not .....

obsessive cravings

..... eating

trying and ..... to stop overeating

eating for ..... reasons

eating ..... to hide behaviour

eating to a point of physical .....