

UNIT 1 GRAMMAR: STANDARD

Circle the correct option, A or B.

- 1 I play rugby five times a week. I play it.
A often **B** never
- 2 We are good at gymnastics. We practise.
A never **B** always
- 3 Alberto goes cycling. He goes once or twice a month.
A sometimes **B** never
- 4 My parents go out! They are always at home.
A usually **B** never
- 5 I go snowboarding at the weekend but not often.
A sometimes **B** always
- 6 We play tennis. We play on Sundays but not every weekend.
A often **B** always

Underline the correct options.

- 1 I always go ~~always~~ skating with my sister on Saturday.
- 2 You ~~never~~ are never tired in the morning.
- 3 Do they ~~sometimes~~ watch ~~sometimes~~ TV in the evening?
- 4 Football ~~never~~ is never boring. I love it!
- 5 Carlos ~~often~~ goes ~~often~~ sailing at the weekend.
- 6 My family ~~usually~~ plays ~~usually~~ baseball together in the summer.
- 7 We ~~always~~ are always very happy when our team wins.


Match the beginnings and endings of the sentences and questions.

- | | | |
|---|------------------------|-----------------|
| 1 | He loves hockey but | <u> D </u> |
| 2 | I don't usually do | <u> </u> |
| 3 | What do you usually | <u> </u> |
| 4 | Is badminton sometimes | <u> </u> |
| 5 | We never go surfing | <u> </u> |
| 6 | Tennis isn't usually a | <u> </u> |
- A** athletics on Friday after school.
B very dangerous sport.
C but we live near the sea.
D he doesn't always play it.
E a hard and boring sport?
F do in the summer holidays?

Circle the correct options.

- 1 I (am never) / never am at home at the weekend.
 2 We *always go* / *go always* cycling in the mountains in the summer.
 3 Aida *plays sometimes* / *sometimes plays* football on Saturdays.
 4 I like the snow but I *don't never* / *never go* snowboarding.
 5 My brothers *don't always* / *always don't* do sport on Tuesdays.
 6 The swimming pool *usually is* / *is usually* quiet on Mondays.
 7 Do you *sometimes* / *sometimes you* play rugby with your friends?

Complete Zaida's email with the words from the box.



[Reply](#)

[Forward](#)

Subject:

From:

To:

Date:

Hi Billy,

I love outdoor sports. Every weekend I ¹ always play football and I often ² play basketball but I ³ don't play table tennis or other indoor sports. They're boring! In the summer I usually ⁴ go swimming. There's a swimming pool near my house. I also ⁵ like play volleyball with my family. I've got a great ball! We sometimes go sailing but ⁶ we never go surfing. In the winter we sometimes ⁷ go snowboarding. We ⁸ get often tired and go to bed early!

See you soon!

Zaida