Activity III

Instructions

- Read the paragraph carefully
- Choose and circle the correct option

DAILY ROUTINES

- Every day, I **1.** ..... early in the morning. The first thing I do is head straight to the bathroom to **2.** ..... and **3.** ..... Once I am done with my hygiene routine, I move on to the kitchen, and I **4.** ....., which is usually a bowl of cereal or some toast with jam. After breakfast, I **5.** ....., which takes me 30 minutes. I spend most of my day at school, where I am constantly occupied with my studies. After I **6.** ....., rice with roast chicken and fruit juice gives me the energy I need to power through the rest of the day. After, I like to **7.** ....., which helps me to stay healthy and relieves my stress. In the evening, I **8.** ..... for the next day when I finished, I **9.** ....., I eat with my family. Finally, before going to bed, I wind down by reading a book or watching some TV, which helps me to **10.** ..... peacefully throughout the night.

• 1. a.wake up	b.take a shower	c. brush teeth
• 2. a. have breakfast	b.brush teeth	c. take a shower
• 3. a. have lunch	b. brush teeth	c. have dinner
• 4. a. Have breakfast	b.do exercises	c. have lunch
• 5. a. Have breakfast	b. sleep	c. go to school
• 6. a. have lunch	b. do exercise	c. have dinner
• 7. a. Have breakfast	b. do exercise	c. wake up
• 8. a. wake up	b.do homework	c. brush teeth
• 9. a. Have dinner	b. sleep	c. go to school
• 10. a. have breakfast	b.brush teeth	c. sleep

LIVEWORKSHEETS