LISTENING FURTHER PRACTICE 1 – PARAPHRASING

- You will hear a woman, Stella, and a man, Ben, talking together on a radio programme about the speed and stress of modern life.
- For each question, choose the correct answer



1. What surprised Stella most during her research?
A People have less free time now than before.
B Technology helps people to slow down.
C People seem to enjoy being very busy.

2. Which positive examples of speed does Ben give?
A different means of transport
B different types of sports
C different ways of communicating

3. Stella thinks people can improve their lives by
A taking up a new hobby.
B becoming more optimistic.
C enjoying the present.

6. What effect have Ben's new eating habits had?
A He feels satisfied quickly
B He finds he requires less food
C He appreciates a wider range of tastes

7. What conclusions has Stella reached regarding sleep?
A Too much is not good for you.
B Most people do not get enough.
C It is not recommended during the day.

LIVEWORKSHEETS