

*Good health is a crown the healthy wear that only the sick can see.*

## Unit 4 A Healthy Life

### Lesson 1: Finding Out Time P. 26

Objective:

I can talk about healthy food using Should and shouldn't .

Choose :

1 - I ( should - shouldn't ) get up early .



2 - I ( should - shouldn't ) drink a lot of water .



3 - I ( should - shouldn't ) eat too much junk food .



4 - I ( should - shouldn't ) do some exercise .



5 - I ( should - shouldn't ) play too many computer games .



6 - I ( should - shouldn't ) drink too much soda .



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