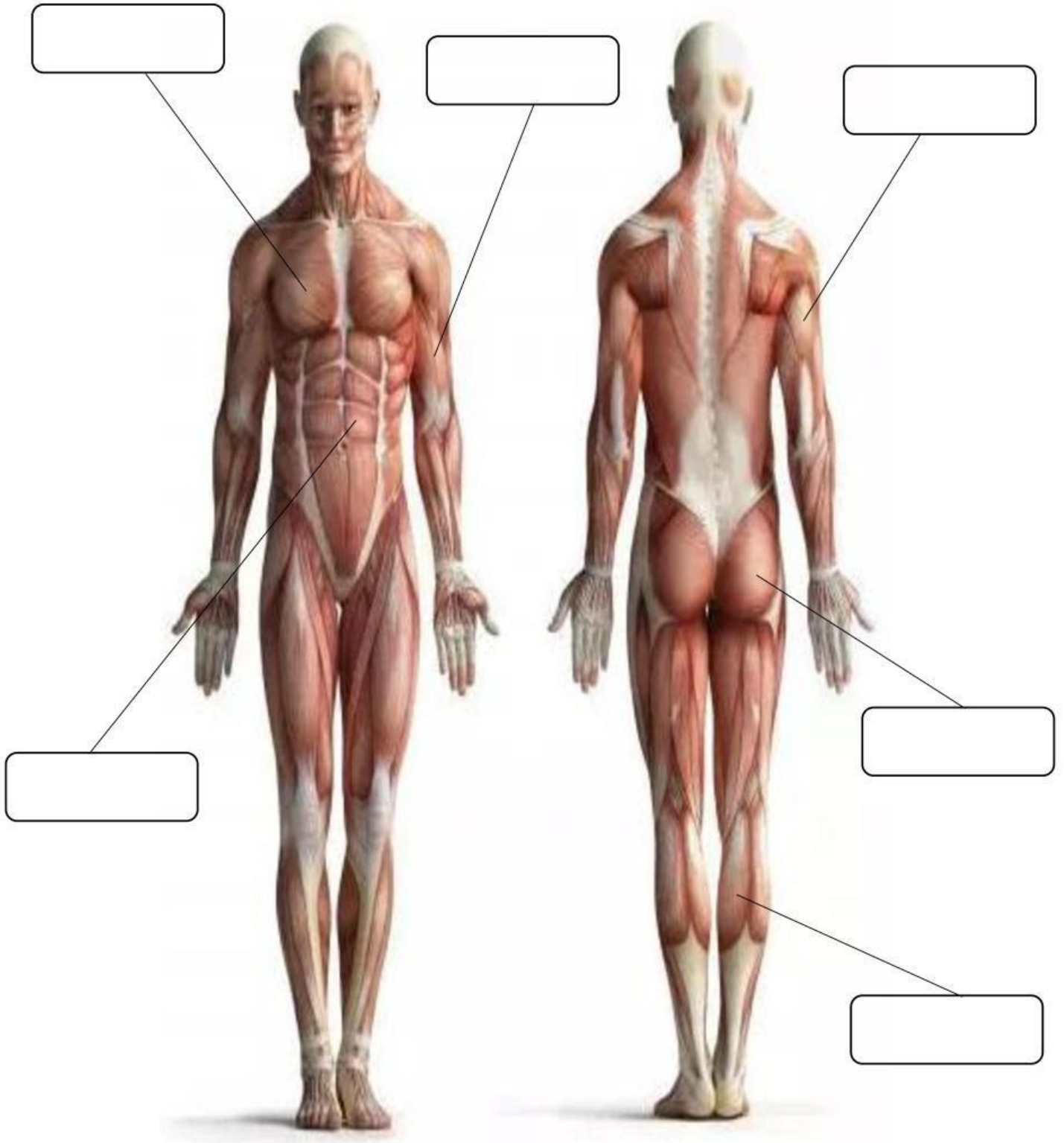


MÚSCULOS



Glúteos

Abdominais

Bíceps

Xemelgos

Tríceps

Peitorais