

UNIT 1 – CIRCULATORY SYSTEM

EXERCISE 1

Choose the words in the box and complete the sentences

circulatory
system
pulse
windpipe
diaphragm
puberty
fertilisation
host
defence
mucus
hygiene

1. A muscle in the chest that helps us to breathe in and out. _____
2. A small beat felt under the skin due to the pressure of blood as the heart pumps it around the body. _____
3. A muscle in the chest that helps us to breathe in and out. _____
4. The age at which a person becomes able to reproduce. _____
5. Keeping yourself and the things around you clean. _____
6. Protection against something. _____
7. The living thing that a parasite infects. _____
8. A sticky substance found in our noses, windpipes and other air passages. _____
9. The system formed by the heart, blood vessels and blood to carry food and oxygen around the body. _____
10. The air tube that carries air from the nose and mouth to the lungs and back again. _____

EXERCISE 2

Circle the letter of the correct answer to each of the following questions.

- a Which parts make up the circulatory system?
 - A: Heart only
 - B: Heart and blood vessels
 - C: Heart, blood vessels and blood
- b Which gas or gases does the blood contain?
 - A: Oxygen only
 - B: Carbon dioxide only
 - C: Both oxygen and carbon dioxide
- c Which blood vessels are the smallest?
 - A: Arteries
 - B: Capillaries
 - C: Veins
- d In which direction does oxygen move when we breathe in?
 - A: nose → windpipe → lungs → blood
 - B: nose → windpipe → lungs → diaphragm
 - C: nose → lungs → windpipe → blood
- e What do we call the body changes that show you are starting to become an adult?
 - A: Reproduction
 - B: Puberty
 - C: Life cycle
- f Which disease is caused by a fungus?
 - A: 'Flu
 - B: Malaria
 - C: Ringworm