

5 Choose the correct answers.

1 She suffers from ___ arthritis, a condition which started afflicting her in her twenties.
A conventional
B contagious
C circulatory
D chronic

2 He ___ three kilos after going on a strict diet and looks much healthier.
A shed
B suppressed
C regained
D consumed

3 Did you think to renew your ___ to Fitness Magazine?
A prescription
B contamination
C subscription
D respiration

4 This training course will ___ many subjects, such as how to make your clients feel at ease.
A exercise
B eschew
C encompass
D enable

5 Frequent ___ in mood are perfectly normal in teenagers.
A motions
B fluctuations
C assimilations
D moderations

6 One of the dangers of overexercising is long term ___; even professional athletes need to pace themselves.
A fatigue
B overload
C pressure
D resistance

7 Poor ___ of oxygen and sunlight by the body can lead to health problems, especially in winter.
A assimilation
B consumption
C differentiation
D moderation

8 Many children in the Western World have ___ diets, leading to an increase in many childhood ailments.
A burdensome
B unmistakable
C incubation
D unwholesome

9 His mouth was still ___ from the anesthetic that the dentist had administered.
A impaired
B bitter
C numb
D solid

10 Many animals are ___ that hunt smaller species to survive.
A carnivores
B vegans
C anerobic
D herbivores

11 Daniel is ___. This is the third time he's broken his leg!
A self-disciplined
B susceptible
C preventive
D accident-prone

12 After so much effort, his failure to graduate with honors was ___.
A as right as rain
B a bitter pill to swallow
C hanging by a thread
D a taste of his own medicine

13 Although not everyone is in favor of veganism, most agree that reducing our meat ___ can only be beneficial.
A repetition
B moderation
C consumption
D nutrition

14 My eyes got really ___ because of the smoke in the room.
A numb
B irritated
C contagious
D cracked

15 Try to eat foods that are more ___ so you are less inclined to snack between meals.
A alleviating
B satiating
C terminating
D mitigating

16 During the ___ period of this sickness, symptoms are practically absent.
A incubation
B confusion
C fluctuation
D suppression

17 He was born with a ___ heart defect that prevented him from participating in sports.
A controversial
B contagious
C constructive
D congenital

18 This is not an over-the-counter medicine. You'll need a doctor's ___ for it.
A interpretation
B recipe
C subscription
D prescription

19 Smoking has a detrimental effect on one's health, and is especially harmful to the ___ system.
A respiratory
B progressive
C digestive
D intermittent

20 Research shows that if you want to go swimming, you don't need to wait until you've fully ___ your meal.
A ingested
B consumed
C digested
D contested