

## Task 7

Read the text below. Choose from (A–H) the one which best fits each space (33–38). There are two choices you do not need to use. Write your answers on the separate answer sheet.

## HAND DRYERS OR PAPER TOWELS

By Rachel Reilly

It is more hygienic to dry your hands with a paper towel (33) \_\_\_\_\_, a new study has found.

A researcher discovered that paper towels are more efficient (34) \_\_\_\_\_ and physically remove germs from the hand. The transfer of germs is more likely from wet hands than dry hands, explained Dr Cunrui Huang of Queensland University of Technology's Cunrui Huang. 'A hand dryer takes 30 seconds longer to achieve about the same dryness as a towel. This is important because most people spend less (35) \_\_\_\_\_,' Dr Huang said. 'It is likely that paper towels also work better because they physically remove bacteria from the hands, whereas hot air dryers and jet air dryers cannot.'

Dr Huang reviewed 12 studies that evaluated the drying efficiency and removal of bacteria (36) \_\_\_\_\_. 'What I found was that from a hygiene viewpoint, paper towels are superior,' he says. Effective hand washing is key because it helps to stop the spread of germs from one person to another (37) \_\_\_\_\_.

Previous studies have shown that hand dryers are often contaminated by bacteria in the outlet nozzle and the heat from the dryer is (38) \_\_\_\_\_. 'This can increase the number of germs by an astonishing 255%,' said Keith Redway, senior academic in Microbiology and Molecular Biology at Westminster University. 'The message has to be to wash and then dry your hands thoroughly, using paper towels, not the hot-air dryers,' explained Redway.

- A harbour microbes and can blast germs into atmosphere
- B when using paper towels, cloth towels, hot air dryers and new jet air systems
- C because they work more quickly than hot air
- D the perfect temperature to encourage their growth
- E than an electric dryer
- F and from contaminated surfaces to a person's mouth and eyes
- G paper towels are more efficient
- H than 20 seconds drying their hands