



Your challenge



Write three words in each category:

Food you can fry			
Food you can drink			
Food you can cut			
Food you can peel			
Food you freeze			
Cereals			
Green vegetables			
Red fruits			
Things on the table			
Things in the cupboard			
Activities in the kitchen			
Dairy products			
Taste			
Made of milk			
Dairy products			

Eat healthy, train your mind and do

