

# Unit 5

Opposite	Verb	Noun	Adjective	Adverb
			holistic	
		mindfulness		
			fundamental	
	commence			
	resent			
			asthmatic	
		mold		
		healthfulness		
			humble	
	process			
	expound			
			counterproductive	
		nausea		
		recrimination		
			adaptable	
		spill		