

A typical horror movie is a spine-tingling cinematic experience that aims to **elicit** fear and **suspense** from the audience. These films often feature a dark, **eerie** atmosphere with **unsettling** music, creating a sense of **foreboding**. The plot usually revolves around characters encountering supernatural phenomena, terrifying creatures, or **malevolent** forces.

In a typical horror movie, tension builds gradually as characters face increasingly dangerous situations. Jump scares, sudden and unexpected frights, are common to jolt viewers. **Gory** and **gruesome** scenes may be included to shock and disturb.

The psychological aspect of fear is also explored in many horror films, **delving into** the characters' emotional struggles and the impact of the supernatural on their sanity. Audiences experience a range of emotions while watching, from anxiety and fear to fascination and excitement.

Ultimately, horror movies are designed to provoke strong emotional reactions and provide a thrilling, chilling, and memorable cinematic experience.

Match the words in bold to the definition.

ELICIT	SUSPENSE	EERIE	UNSETTLING	FOREBODING
MALEVOLENT	GORY	GRUESOME	DELVING INTO SOMETHING	

1. extremely unpleasant
2. involving or showing violence and bloodshed.
3. causing anxiety or uneasiness (don't feel well); disturbing.
4. a state or feeling of excited or anxious uncertainty about what may happen.
5. strange and frightening.
6. having or showing a wish to do evil to others.
7. to examine something carefully in order to discover more information.
8. evoke or draw out (a reaction, answer, or fact) from someone.
9. implying that something bad is going to happen.

Put the words into the text.

Horror films are designed to _____ strong emotions in viewers. They often create an eerie and _____ atmosphere, filled with a sense of foreboding. These films _____ something darker and more malevolent, taking audiences on a terrifying journey.

One of the key elements in horror films is _____. It keeps viewers on the edge of their seats, never quite sure what will happen next. The anticipation of the unknown can be both thrilling and nerve-wracking.

Moreover, horror films frequently feature _____ and gory scenes that can be truly unsettling. These moments shock and disturb, leaving a lasting impact. They're not for the faint of

heart, but for those who enjoy the adrenaline rush and the macabre aspects of storytelling, horror films are a captivating experience.

Dialogue.

Sarah: Hey Mark, have you watched any good horror films lately?

Mark: Yeah, I saw "The Haunting of Hollow Manor" last night. It was incredibly creepy (causing an unpleasant feeling of fear or unease.) and unsettling.

Sarah: Oh, I've heard about that one! Did it give you nightmares?

Mark: Not exactly, but it did keep me on edge (tense, nervous, or irritable.) the whole time. The suspense was intense, and there were a few jump scares that really got to me.

Sarah: I love that feeling of suspense in horror movies. It's what makes them so thrilling. Have you seen "The Crypt Keeper Chronicles"?

Mark: No, I haven't. What's it like?

Sarah: It's a psychological horror film, so it messes with your mind more than anything. The eerie atmosphere and the unpredictable twists had me on pins and needles (in an troubled or nervous state of suspense).

Mark: Sounds intriguing. I like it when horror films delve into the psychological aspects of fear. Have you ever watched a horror movie that was just too gory for you?

Sarah: Oh, definitely! I watched "Bloodfest Massacre" once, and the gore was just over the top. It made my stomach turn, but some people love that kind of shock value.

Mark: I can appreciate a bit of gore if it serves the story, but too much can be overwhelming. Have you ever watched a horror film that you found macabre (disturbing because concerned with or causing a fear of death) or disturbing?

Sarah: Yeah, "The Dark Secrets of Elmwood Asylum" was one of those. It had such a macabre atmosphere, and the twisted plot left me feeling uneasy for days.

Mark: I think that's what makes horror films so interesting—they can evoke such a wide range of emotions, from fascination to dread (great fear).

Sarah: Absolutely. They're a rollercoaster of emotions, and that's what makes them so addictive!

What's the last horror film you watched?

What was it about?

How would you describe it?

Watching horror films can trigger a fascinating array of physical and emotional reactions in humans. From a physiological standpoint, the heart rate accelerates, and adrenaline surges, making us feel more alert and alive. Our palms may become sweaty, and our muscles tense as our bodies prepare for a fight-or-flight response. Our senses become heightened, and we may experience a rush of energy, even though we're safely seated in a movie theatre or on the couch at home.

Emotionally, it's a rollercoaster. Fear, anxiety, and even dread often dominate, especially during suspenseful or jump-scare moments. Yet, strangely, we often enjoy this fear. It can be thrilling to confront our deepest fears in a controlled environment, offering a peculiar sense of satisfaction. There's a mix of curiosity and morbid fascination, as we're drawn into the horror world, even though we can't look away. After the film, there's a release of tension, a catharsis, which can be quite liberating. This combination of excitement, relief, and lingering unease illustrates the captivating and complex appeal of horror films for many.

Look at 4 basic human emotions and how can you express it.

Happiness		Sadness	
Cheerful	Joyful	Depressed	Grief
Content	Pleased	Disappointed	Hopeless
Elated	Pride	Down	Lonely
Excited	Relieved	Embarrassed	Regret
Glad	Satisfied	Empty	Shame

Anger		Fear	
Annoyed	Hate	Afraid	Nervous
Appalled	Irritated	Anxious	Petrified
Contempt	Mad	Dread	Scared
Enraged	Offended	Frightened	Terrified
Frustrated	Upset	Horried	Worried

Let's look at some horror film trailers! And answer some questions.

1. What is the film about?
2. What happens there?
3. What the main character might feel?
4. What emotions do you have while watching?
5. What do you think will happen in the end?

