

VOCABULARY 1

Circle the correct words.

- 1 My brother is _____. He always shares anything with me!
a selfish b generous c outgoing
- 2 Tom is _____, he always thinks positive even when he has difficulties.
a calm b shy c cheerful
- 3 Everyone really likes Laura because she is _____ .
a outgoing b selfish c bad-tempered
- 4 Tom is often _____ about maths exams because he is not good at it.
a nervous b lazy c confident
- 5 Mar is a _____ student. He asks a lot of questions.
a outgoing b curious c talkative

VOCABULARY 2

Circle the correct words.

1. I'm really happy **in / about** my birthday party on Saturday.
2. She is interested **in / on** playing sports.
3. He is pleased **about / with** his birthday presents.
4. I'm curious **about/ by** other planets.
5. They are shocked **by / with** the amount of rubbish in the river.

VOCABULARY 3

Cheese, cream and milk are examples of this.

d _ _ _ _ products

Rice, bread and pasta are in this food group.

g _ _ _ _ s and cereals

Cakes, candies and soft drinks have a lot of this.

s _ _ _ _

When you've got a blocked nose and a sore throat, you must have this.

c _ _ _

Food provides this to your body.

e _ _ _ _ _

VOCABULARY 4

Circle the correct answer

- Could you help me buy a _____ of cabbage for dinner today?
a. head b. bunch c. pinch
- Could you add a _____ of sugar into coffee? It's too bitter.
a. pot b. pinch c. crumb
- Look at the _____ of soup! It's delicious!
a. bag b. head c. pot
- How many _____ of carrots do you want?
a. heads b. crumbs c. bunches
- Please clean up some _____ of bread on the floor.
a. crumbs b. pinches c. sacks

GRAMMAR 1

• Quy tắc thêm 's/es' vào danh từ

Các trường hợp	Quy tắc
Đa số các danh từ	+ s
Tận cùng là -s, -ss, -ch, -sh, -x, -z, -o	+ es
Kết thúc là phụ âm + -y	y → i + es

Write the correct present simple form of the verb in each space.

- She _____ her teeth twice a day. (brush)
- My sister _____ a big doll house. (have)
- The weather _____ sunny today. (not/ be)
- Children _____ eating vegetables.
- _____ your brother _____ sports well?. (play)

GRAMMAR 2

Quantifiers: định lượng từ

Not as many	Không nhiều bằng (danh từ đếm được)	less: ít hơn	
Not as much	Không nhiều bằng (danh từ không đếm được)	much: nhiều	
many: nhiều few: một ít, 1 vài		both: cả, cả hai	

Fill into the blanks the correct words.

1. Don't eat as _____ sweets!
2. I gave _____ my friends some grapes on my birthday.
3. Don't put as _____ sugar in cakes!
4. I'm trying to be healthy and eat _____ chocolate cookies.
5. I want to drink _____ fruit juice and eat more fruit.

GRAMMAR 3

Chúng ta có thể sử dụng các động từ khiếm khuyết để đưa ra lời khuyên hoặc để nói về sự bắt buộc.

Form: **S + modal verbs (not) + V infinitive.**

should: nên >< **shouldn't (should not):** không nên

must: phải ; **mustn't (must not):** không được

need: cần >< **needn't (need not):** không cần

could: có thể >< **couldn't (could not):** không thể

Circle the correct words.

1. You **must / should** drink less fruit juice because it contains lots of sugar.
2. You **need / should** eat more vegetables.
3. You **must / need** take rest now, or you will be very tired!
4. You **should / need** to drink 2 liters of water every day.
5. You **need / must** see a doctor about your toothache.

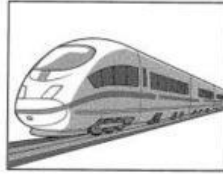
LISTENING

PART 1: For each question, choose the correct answer.

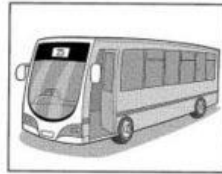
1 How did the woman travel to work this morning?



A

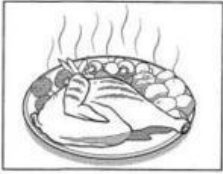


B

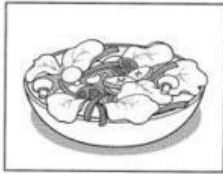


C

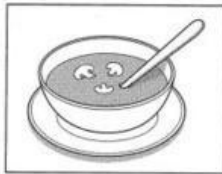
2 What will the man eat first at the restaurant?



A



B



C

3 Which was the view from the woman's hotel room?



A



B



C

4 Why will the man miss the concert tonight?



A



B



C

5 What will the woman wear for the party?



A



B



C

PART 2: You will hear Jasmine talking to her aunt about a camping trip. For each question, circle the correct answer.

1. Where did Jasmine and her aunt go swimming?
 - A in the sea
 - B in the river
 - C in the lake
2. How did Jasmine feel about sleeping in a tent to start with?
 - A excited
 - B afraid

- C unhappy
3. What did Jasmine's aunt like cooking?
- A omelette
 - B steak
 - C pasta
4. Jasmine's aunt thought the campsite
- A needed a shop.
 - B had good showers.
 - C was too small.
5. Which activity did Jasmine like best?
- A cycling
 - B fishing
 - C running

READING

PART 1: For each question, choose the correct answer

1

Swimming pool closed
for building work

Open from Tuesday
for lessons only

- A People who have swimming classes can go on Tuesday.
- B The pool will be closed to all customers after Tuesday.
- C Swimming lessons will be in a new pool on Tuesday.

2

Chess club members!

We're meeting in the
library this Wednesday
instead of the hall, as
there's a dance show
happening there
at 7 p.m.

- The chess club is
- A on a different day this week.
 - B in a different place this week.
 - C at a different time this week.

3

Rob,
Leave your laptop in
the kitchen before you
go out and I'll see if I
can find out why it's
not working.
Dad

- Why did Rob's dad write this note?
- A to ask if he can use Rob's laptop
 - B to tell Rob where he left his laptop
 - C to offer to check Rob's laptop

4



- A Rafa needs to change the plans for this evening.
- B Rafa will eat at work before going to the cinema.
- C Rafa prefers to see the film at a later time.

5

**Sightseeing trips
twice daily**
Buses – 9.00 a.m. & 2.00 p.m.
Tickets only available from
tourist office

- A It's not possible to buy tickets on the bus.
- B Tourists must book both trips at 9.00 a.m.
- C Each sightseeing trip takes two hours.

6

**Cinema park is full
Please use the free
one in the shopping
centre**

- A You should pay for cinema parking in the shopping centre.
- B People who want to see a film must drive to the shopping centre cinema.
- C Cinema visitors should use a different car park.

PART 2: Read the article below. For each question circle the correct answer.

Maintaining a healthy body is not that easy and not so difficult also. Most important tip for a healthy body is to have nutritious diet and eat them at proper time. Avoid eating junk food. Your diet should contain food which has more nutrients. Try to include vegetables, fruits, milk, and fish in your daily diet. Make sure you are having your breakfast regularly. Studies have shown that people who skip breakfast have a low blood sugar level and are often slow, tired, hungry and hard to focus. Besides, make sure you drink more amount of water daily. Regular exercise will also keep your body in good health. You can go for running, do cycling, walking faster etc. Apart from these, always try to manage your stress. By controlling your stress you can maintain a healthy body. Your body should get enough time to take rest. Make sure you get a sleep of 8 hours daily. Sleep is very important for healthy body and also for mental and emotional happiness.

1. To have a healthy body, you should _____.
 - A. eat whenever you want
 - B. put on weight
 - C. have healthy food
2. Which of the followings doesn't help you keep fit?

- A. skipping breakfast regularly
 - B. doing regular exercise
 - C. eating food with more nutrients
3. Which may happen if you do not have breakfast?
- A. Blood sugar level is higher.
 - B. You may feel more focused.
 - d. You may have less energy.
4. According to the reading passage, stress can be controlled by _____.
- A. drinking more water everyday
 - B. having a good sleep daily
 - C. doing more exercise
5. Which of the followings is **NOT TRUE**?
- A. It's difficult to maintain a healthy body.
 - B. Water is important for your health.
 - C. Getting enough sleep can make you happier.