

Name:

Marks:

G7 - TEST YOURSELF - TEST 1 (S.MEM)

EX1. (Unit 1) Listen to an interview about hobbies between Lan and Trang. Circle the correct answer A, B or C to complete the following sentences

- Trang's hobby is _____.
A. collecting glass bottles B. reading books C. building dollhouses
- She started this hobby _____ years ago.
A. two B. three C. four
- She shares her hobby with her _____.
A. cousin B. friend C. mother
- Trang thinks it's _____ to build a dollhouse.
A. hard B. difficult C. easy
- She becomes more _____ now.
A. patient B. creative C. patient and creative

2. Listen and tick T (True) or False (F).

	T	F
1. Trang needs help with building dollhouses.	☐	☐
2. Trang uses glue and cardboard to build her dollhouse.	☐	☐
3. To build a dollhouse, you need to use your creativity.	☐	☐
4. Ann goes to a horse riding club every Sunday.	☐	☐
5. Ann's lesson starts at 8 p.m.	☐	☐

II. READING: 1. Read the passage and decide whether the sentences are true (T) or false (F). Circle T or F.

Meliha and her children live in St. Paul. She is from Somalia. She came to the US five years ago. Many things are different in America. You can buy junk food with fat, sugar, and oil here. Americans don't walk as much as people in Somalia. You can drive a car or take the bus. Meliha sees many overweight people in America.

Meliha's children like junk food such as hamburgers and French fries. She does too. She notices that she gains weight in America. Her children like watching TV instead of playing outside. Meliha doesn't walk very much because she has a car. Meliha's doctor says she has to eat more fruit and vegetables. He says that too much junk food like chips, fries, and sugar is bad for her health. He tells her that she needs to get more exercise.

- Meliha has lived in the US for 5 years. T F
- People walk more in Somalia. T F
- Some people in America are overweight. T F
- Meliha loses weight in America. T F
- The doctor advised Meliha to eat healthily and exercise. T F

2. Read the passage and answer the questions.

Heart disease kills more people in Britain than any other disease, including cancer. One adult dies every three minutes from heart disease. It is more common in men than women. Age is also important. 80% of people who die of heart attacks are 65 or older. But there are many things you can do to help your heart. Here

are our top tips for a healthy heart!

- Do more exercise. Regular exercise is very good for your heart.
- Don't eat a lot of salt. We only need about 1g of salt a day. Most people eat about 6g!
- Eat more fruit and vegetables (at least five portions a day).
- Don't drink a lot of alcohol, but a glass of red wine every day can be good for your heart.
- Lose some weight.

1. Which disease kills more people in Britain: cancer or heart attack?

2. How many adults die of heart disease in Britain every hour?

3. How many grams of salt is it good to eat every day?

4. How many portions of fruit and vegetables should we eat every day?

5. Is alcohol always bad for your heart?

IV. LANGUAGE FOCUS 1. Choose the word whose underlined part is pronounced differently from the others. Circle A, B or C.

- | | | |
|----------------------------------|------------------------------|------------------------------|
| 1. A. dance | B. lake | C. play |
| 2. A. cart <u>oo</u> n | B. <u>no</u> odle | C. fl <u>oo</u> r |
| 3. A. col <u>ou</u> r | B. <u>bu</u> rn | C. sing <u>e</u> r |
| 4. A. pref <u>e</u> r | B. d <u>i</u> nn <u>e</u> r | C. wat <u>e</u> r |
| 5. A. ple <u>a</u> s <u>u</u> re | B. un <u>u</u> s <u>u</u> al | C. pr <u>e</u> s <u>e</u> nt |

2. Choose the best option to complete each sentence. Circle A, B or C.

- Jenny _____ fishing twice a week.
A. go B. goes C. will go
- Playing soccer is so fun! I _____ my classmates to join me next week.
A. asked B. ask C. will ask
- I enjoy _____ because I love watching plants growing.
A. garden B. gardening C. to garden
- What _____ your parents often _____ at the weekend?
A. do...do B. will...do C. does...do
- Tony doesn't feel interested in playing the piano anymore, so he _____ another hobby next year.
A. takes up B. taking up C. will take up

3. Choose the best option to complete each sentence. Circle A, B or C.

- Peter enjoys _____.
A. garden B. gardener C. gardening
- Mai _____ her hobby next year.
A. will continue B. continues C. continue
- Mike and Jack _____ running but Mary loves it.
A. doesn't like B. don't like C. not like
- Jim finds bird-watching _____ because he can learn about nature.
A. interest B. interested C. interesting
- My father _____ morning exercise very often.
A. doesn't B. doesn't do C. don't do