

1 Choose the correct words.

I should exercise. I'm a bit overweight / allergic.

- 1 I'm so tired. I'm suffering from stress / insomnia.
- 2 I don't believe in herbal allergies / remedies.
- 3 Footballers often get sports pains / injuries.
- 4 I'm coughing / sneezing a lot so my throat is sore.
- 5 If you use a handkerchief, you won't spread / infect your cold.
- 6 You've got flu so you need to stay / go in bed for a day or two.
- 7 Have / Take your medicine three times a day.
- 8 I've got a really bad pain / ache in my back.
- 9 I had / took an x-ray after my accident.

2 Complete the sentences with the negative form of the adjectives in the box.

bacterial	comfortable	expensive
likely	lucky	pleasant
		viral

Garlic contains antiviral ingredients.

- 1 She's much better now. It's _____ that she will need an operation.
- 2 I can't run in these trainers. They're really _____.
- 3 Don't join a gym, walk to school. It's an _____ way to get fit.
- 4 I hate using this cream. It has a really _____ smell.
- 5 He's a good skater but he broke his leg on the ice. He was very _____.
- 6 Wash that cut and put an _____ cream on it.