

READ

MARATHON



INTRODUCTION

Hi. Welcome to my blog. Today I would like to share with you on how to register for the Penang Bridge International Marathon. I participated in last year's event and it was a blast! My family and I really enjoyed our time crossing the second longest bridge in Southeast Asia.



This year's event is coming soon. Here are the steps to register for it:

- Step 1: Visit the official Penang Bridge International Marathon website at <http://www.penangmarathon.gov.my/>
- Step 2: Click on the Register tab.
- Step 3: Fill in your details in the online form provided. Make sure you choose the appropriate category that you are going to participate in. No changes are allowed after you have confirmed your registration.
- Step 4: Choose the payment method. It is easy as you can pay online. You can also pay at the outlet when you collect the running merchandise.
- Step 5: Print out the confirmation slip that will be sent to you via email.
- Step 6: Collect your race pack containing a cap, your bib number and a food coupon at selected Adibas outlets.
- Step 7: On the marathon day, do not forget to wear your bib number (Compulsory!) and enjoy the rest of the marathon.



As there would be many participants, you may want your family to wear T-shirts of the same colour. Do not forget to drink plenty of water after your run as you are going to sweat a lot. This would be the best time for you to meet new friends since there will be participants from overseas.

Later in the evening, there will be a concert performed by popular singers. You can give some donations during the concert and the money will be channeled to selected charity homes. That is all for now. Wait for more updates from me. See you at the marathon!

1. REARRANGE THE STEPS TO REGISTER FOR THE MARATHON.



- A. Print your confirmation slip that is sent to your email account.
- B. On the day of the race, do not forget to wear your bib number.
- C. Choose the payment method.
- D. Click on the Register tab.
- E. Collect your race pack at selected Adibas outlets.
- F. Fill in your details in the online form provided.
- G. Visit the official Penang Bridge International Marathon website at <http://www.penangmarathon.gov.my/>

-
-
-
-
-
-
-



2. ANSWER THE FOLLOWING QUESTIONS

- A. What caught Arissa's interest in the blog?
-
- B. Explain the blogger's intention in giving step-by-step guide to his/her readers.
-
- C. Describe the blogger's participation in the previous year's event.
-
- D. How will online registration benefit the participants and organisers?
-
- E. Do you agree that participating in a marathon can be a fun-filled activity? Give reasons for your answer.
-
- F. How should one prepare for a marathon? Would this preparation be useful for participation in other physical activities?
-

