

Listening Unit 5

1 Listen and complete sentences 1–6 with the correct words.

- 1 Chip butties are _____ full of _____ with tomato sauce.
- 2 Lucy is a _____ addict. She likes eating Death by Chocolate with _____.
- 3 Cupcakes have become very _____ recently.
- 4 Ned eats his burgers with _____, _____ and sauce.
- 5 Jasmin _____ a lot of Parmesan cheese.
- 6 Quentin has a _____, so he eats a lot of ice cream and desserts.

2 Listen to an interview with a food expert. Choose the correct answer

In the interview Stacy

- a gives advice about different diets.
- b explains why her job is interesting.
- c talks about the good points of guilty pleasures.
- d recommends things to eat for a healthy life.

3 Listen again. Complete the sentences so that they are true according to the interview.

- 1 We eat unhealthy foods despite _____
- 2 People often eat unhealthy snacks as a result _____
- 3 We eat chocolate because _____
- 4 Eating an unhealthy snack from time to time _____
- 5 Whether or not you follow your diet, _____
- 6 Single people who are looking for a partner find it easier _____



Listen to six people talking about food and answer the questions.

Text 1

What does Donna say about her guilty pleasure?

- a It's based on her secret recipe.
- b She says this is a really bad habit.
- c She thinks she's getting fat from it.

Text 2

Lucy

- a likes a restaurant that specialises in chocolate.
- b tries to resist chocolate because it costs a lot.
- c follows a healthy diet most of the time.

Text 3

What does Josie say about cupcakes?

- a She usually eats too many.
- b They aren't bad for you.
- c Making them is her hobby.

Text 4

Ned eats fast food

- a all the time and doesn't feel good about it.
- b only in particular social situations.
- c in the form of ready meals, but he doesn't like them.

Text 5

When Jasmine wants to eat something Italian, she

- a uses more cheese than she thinks she should.
- b simply goes to the kitchen and makes it.
- c usually eats the same dish, which is her favourite.

Text 6

What's true about Quentin?

- a All sweets sometimes give him a toothache.
- b He never eats too much of anything.
- c He always has a lot of ice-cream at home.