

# 3A

## Free time

- **Goal:** talk about free-time activities
- **Grammar:** present simple with *I, you, we* and *they*; adverbs of frequency and time expressions
- **Vocabulary:** free-time activities 1



A

### Reading

#### 1 Discuss the questions.

- What do you do in your free time?
- What things do other people in your country do in their free time?

#### 2 a Read the introduction to the article. Answer the questions.

- Do we have more or less free time these days?
- Is it a good thing or a bad thing?

#### b Read the comments. Match each person with photos A–E. Do they have hobbies? Are their lives 'all work and no play'?



B



C



D



E

## All work and no play?

*I think our lives are all work and no play these days. It's sad, because our free time is really important! We asked some of our readers what they do in their free time. Are their lives all work and no play?*

I work a lot. I've got two jobs and I study so I rarely have free time. I go for a bike ride once or twice a month. In the evenings I go online and talk to my friends. I sometimes paint. I go out and paint interesting places. I draw pictures of people, too. – **Joe, 28**

I don't usually go out on weekdays because I'm busy with work. I meet my friends every Saturday and we go for a walk or for a coffee. Sometimes, we go to a concert or go to a club. I love music! – **Annie, 31**

I have three children so my evenings and weekends are all about them. When I have free time, I watch sport on TV, especially football. I don't do sport, I just watch it! – **Alfie, 34**

I'm quite lucky. I have my own business so I never work at the weekend. I love Sunday mornings. I read the newspaper for a few hours. Later, I often visit a museum or something. – **Tilly, 30**

Free time? We've got two children. We don't have free time! We cook food three times a day, we clean the house and we play with our children. They love games. Then we sleep for a few hours. That's our day! – **Karen, 27**



### Vocabulary

#### 3 a Choose the correct word in each phrase. Use the article to help you.

- do/go online
- see/watch TV/sport on TV
- meet/play friends
- go/take for a bike ride/for coffee/for a walk/to a club
- do/go sport
- go/visit a museum
- look/read books/a newspaper
- paint/draw pictures/a photograph
- cook/do food/dinner
- make/play with our children

#### b Which activities in Exercise 3a can you see in photos A–E?

#### 4 a Tick the activities in Exercise 3a that you do.

#### b Work in pairs. Tell each other about the activities in Exercise 3a you do. Which activities do you both do?

**A:** I go online and I read a newspaper.

**B:** Me too.

Go to your app for more practice.

## Grammar

- 5 Read the grammar box and choose the correct alternatives.

### Present simple with I, you, we and they; adverbs of frequency and time expressions

Use the present simple to talk about things that are true <sup>1</sup>now/in the future.

Use <sup>2</sup>aren't/don't + infinitive to make negative sentences.

|   |                   |                      |                                       |
|---|-------------------|----------------------|---------------------------------------|
| + | I/You/We/<br>They | go                   | online.<br>for a coffee.              |
| - | I/You/We/<br>They | don't (do not)<br>go | out with friends.<br>to a restaurant. |

Use time expressions to say when or how often something happens, e.g. *at the weekend, three times a week.*

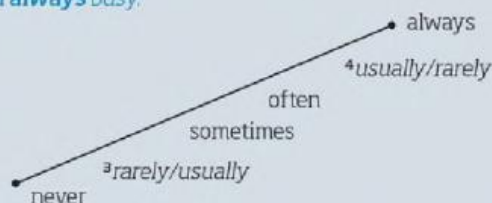
*I read the newspaper on Sunday mornings.*

*I go for a bike ride once or twice a month.*

Use adverbs of frequency to say how often something happens. These come before the main verb but after *don't* and after the verb *be*.

*I don't usually go out on weekdays.*

*I'm always busy.*



- 6 a 3.1 Listen to the sentences and notice the pronunciation of the adverbs of frequency. Which syllable is stressed?

- I rarely go out with friends.
- I always work at the weekend.
- I'm sometimes free in the evenings.
- I usually play football after school.
- We never cook on Fridays.
- I often get up late on Sundays.

- b Listen again and repeat.

- 7 Make the positive sentences negative and make the negative sentences positive.

- I watch a lot of sport on TV.  
*I don't watch a lot of sport on TV.*
- I don't play tennis in the summer.
- We don't have a lot of free time at the weekend.
- Our children like video games.
- They often make pasta for dinner.
- We always have pizza on Friday evenings.
- The children don't usually go online in the evenings.
- I always paint every day.

- 8 a Put the words in the correct order to make sentences.

- I / ride at the weekend / go / for a bike / always  
*I always go for a bike ride at the weekend.*
- I / sometimes / sport / on TV / watch
- usually / together in the / evenings / My family and I / have dinner
- cook dinner at home / a week / I usually / twice
- I / watch / funny videos online / often
- I / my friends / at the weekend / sometimes meet / for coffee
- I / often / in the mornings / go for a run
- sleep late / I / on Saturday mornings / rarely

- b Change the sentences in Exercise 8a so they are true for you.

*I never go for a bike ride at the weekend.*

- c Work in pairs. Tell each other your sentences in Exercise 8b. Give more information.

*I never go for a bike ride at the weekend because I don't have a bike!*

- Go to page 120 or your app for more information and practice.

## Speaking

### PREPARE

- 9 3.2 You're going to talk about free-time activities. First, listen to three classmates talk about free-time activities. Are the sentences true (T) or false (F)?

- All the students in the group do sport every day.
- Only one of the students always meets friends at the weekend.
- They find one thing that everyone does.

- 10 Think about your free-time activities. What do you do and how often do you do it? Make notes.

*go for a walk - in the evenings*  
*visit a museum - twice a month*

### SPEAK

- 11 a Work in groups. Tell your group about your free-time activities. Try to find three things that you all do.

#### Useful phrases

Me too!  
Oh, I don't usually ...  
Well, I often ...  
And you?

- b Report back to the class. Did you find three things that you all do?

Develop  
your  
writing  
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# 3A

## Develop your writing

- **Goal:** write an online profile
- **Focus:** using commas and apostrophes

### 1 Read the sentences. Are they true or false for you? Give more information.

- I use social media.
- I have a blog or website.
- You can find information about me online.

### 2 a Read Lacey's online profile. Which information in the box does she give?

age family favourite music free-time activities  
home job name studies



Hi! I'm Lacey Brown and I'm a student. I'm from Leeds but I live in London. I study history at King's College. Most days, I take classes, study in the library and spend time with my friends. At the weekends, I work in a little café near college. I live with my two best friends in a small flat. My friends' names are Isabella and Alice and they're also students. We all love history so we try to visit a different museum every month. It's my favourite activity. I cook for my friends every Sunday. I usually make pasta, rice dishes and curries. In the holidays, I go home and spend time at my parents' house. I don't often cook there but I eat a lot of my mum's cakes. Chocolate, lemon and banana are my favourites. Yum!

### b Read Lacey's online profile again. Answer the questions.

- Where is Lacey from?
- Where does Lacey live now?
- What's Lacey's job?
- What does Lacey do in her free time?
- What does Lacey do in the holidays?

### 3 a Read the Focus box. Do we use a comma or an apostrophe to show that a letter is missing?

#### Using commas and apostrophes

Use a comma (,) ...

- after a time expression at the beginning of a sentence.

*At the weekends, I work in a little café.*

- in a list.

*I take classes, study in the library and spend time with my friends.*

Use an apostrophe (') ...

- in contractions to show a letter is not there.

*I **don't** cook there.* (do not)

*It's my favourite activity.* (It is)

- in possessives.

*King's College* (the college of the king)

*My **mum's** cakes.* (the cakes my mum has)

A regular possessive plural noun is followed by an apostrophe.

*My **friends'** names are Isabella and Alice.*

Don't use an apostrophe in the possessive pronoun *its*.

*I love New York and **its** tall buildings.*

### b Read Lacey's profile again and find more examples of commas and apostrophes. Why are they used?

### 4 a Add a comma where necessary in each sentence.

- I study English French and Spanish.
- On Fridays I work in a restaurant.
- I've got a dog a cat and a rabbit.
- I read listen to music and go for a walk on Sundays.
- At the weekend I go for coffee with my friends.
- I like basketball volleyball and baseball.

### b Add an apostrophe where necessary in each sentence.

- Im always tired in the evenings.
- I love my brothers new car. I want one myself!
- Were students at the University of Barcelona.
- I love my town and its fantastic cafés.
- I really like my job. Its always interesting.
- My cousins names are Paul and Ava.

## Prepare

### 5 a You're going to write an online profile.

- Choose six topics from the box in Exercise 2a.
- What can you say about each one? Make notes.

### b Decide on the order of information in your profile.

## Write

### 6 Write your online profile. Use the profile in Exercise 2a to help you. Use correct punctuation.