

UNIVERSITY OF TECHNOLOGY AND APPLIED SCIENCES – IBRA
LEVEL.3 READING

support	mood	community	wellbeing
grateful	factors	volunteer	long-term

Scientists often compare human beings to ants and bees. Like these creatures, people cannot live alone. We can be happy only when we are part of the 1. _____ which includes our families, friends and all the people around us. No one can succeed without the help of other people in his or her society. We must remember that we owe a lot to them for providing us with good education and security, so we must always be 2. _____ to our society. It is our responsibility to repay this debt in some way or other. We can 3. _____ to do many things for the needy people around us like educating them and providing basic necessities in times of need. We can also 4. _____ our government's efforts to prevent diseases and keeping our surroundings clean and beautiful. Friends and family are important 5. _____ that make people happy. We must try to develop 6. _____ friendships that would stand the test of time. Activities that we do with our friends and family help us to maintain our physical and mental 7. _____. Nothing can improve our 8. _____ like the company of good friends and family members. We must remember the saying that no man is an island and try to develop good relationships with the people around us.

(BIJU C THOMAS)