

Round I **Listening comprehension**

Listen to the text “Advice for exams” and do the following tasks.

I. Decide if the following statements are true or false:

1. The students are going to have a test the next week.	T / F
2. While preparing for an exam, you should avoid junk food.	T / F
3. It's important to have a working place lightened enough.	T / F
4. A relaxing working place prompts for getting the best result.	T / F
5. If you feel too nervous or worried while studying, make a pause to have a snack.	T / F
6. It's advisable to cover all the material to get maximum points.	T / F
7. You'd better use past exam papers to study.	T / F
8. Walking outside helps you to avoid stress.	T / F
9. Preparing for exam will be much more effective if you consult with your teacher.	T / F
10. Five –minute breaks and five-minute studying causes successful result.	T / F

II. Circle the best option to complete these sentences.

1. The teacher wants the students to ...
 - take notes after she has finished speaking.
 - take notes while she is speaking.
 - forget about taking notes.
2. The teacher suggests eating ...
 - sugary snacks.
 - only apples.
 - fruit and cereals.
3. The teacher suggests finding a study place with a lot of ...
 - light.
 - space.
 - books.
4. If students feel stressed they should ...
 - go to bed.
 - go out for a walk.
 - drink some water.

5. Students are advised to ...
 - a. select the important things to learn.
 - b. read through everything once.
 - c. make notes about every topic.

6. The teacher understands that repeating things can be ...
 - a. difficult.
 - b. uninteresting.
 - c. tiring.

7. Students can do past exam papers ...
 - a. in the library only.
 - b. at home if they take photocopies.
 - c. in the after-school study group.

8. The teacher recommends a break of five minutes every ...
 - a. hour.
 - b. two hours.
 - c. thirty minutes.

9. It's important to ...
 - a. eat regularly.
 - b. sleep when you feel tired.
 - c. keep hydrated.

10. The teacher is sure that the students will ...
 - a. pass their exams.
 - b. fail their exams.