Round I **Listening comprehension**

Listen to the text "Advice for exams" and do the following tasks.

I. **Decide if the following statements are true or false:**

1. The students are going to have a test the next week. T / F
2. While preparing for an exam, you should avoid junk food. T / F
3. It's important to have a working place lightened enough. T / F
4. A relaxing working place prompts for getting the best result. T / F
5. If you feel too nervous or worried while studying, make a pause to have a snack. T / F
6. It's advisable to cover all the material to get maximum points. T / F
7. You'd better use past exam papers to study. T / F
8. Walking outside helps you to avoid stress. T / F
9. Preparing for exam will be much more effective if you consult with your teacher. T / F
10. Five –minute breaks and five-minute studying causes successful result. T / F

II. **Circle the best option to complete these sentences.**

1. The teacher wants the students to …
a. take notes after she has finished speaking.
b. take notes while she is speaking.
c. forget about taking notes.

2. The teacher suggests eating …
a. sugary snacks.
b. only apples.
c. fruit and cereals.

3. The teacher suggests finding a study place with a lot of …
a. light.
b. space.
c. books.

4. If students feel stressed they should …
a. go to bed.
b. go out for a walk.
c. drink some water.

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5. Students are advised to …
a. select the important things to learn.
b. read through everything once.
c. make notes about every topic.

6. The teacher understands that repeating things can be …
a. difficult.
b. uninteresting.
c. tiring.

7. Students can do past exam papers …
a. in the library only.
b. at home if they take photocopies.
c. in the after-school study group.

8. The teacher recommends a break of five minutes every …
a. hour.
b. two hours.
c. thirty minutes.

9. It's important to …
a. eat regularly.
b. sleep when you feel tired.
c. keep hydrated.

10. The teacher is sure that the students will …
a. pass their exams.
b. fail their exams.

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