

# Health & Wellbeing

Exercise 1: Match the health-related vocabulary words with their corresponding images and definitions.

1.Headache 2.Sore throat 3.Fever 4.Cough 5.Stomachache 6.Backache 7.Cold 8.Allergy



- A. Pain in the part of your body where your food is digested.
- B. High body temperature and feeling hot or shivery.
- C. Pain or discomfort in the back
- D. Pain in your head.
- E. Pain or discomfort in your throat.
- F. Illness caused by a virus, with symptoms like sneezing and a runny nose.
- G. Pain or discomfort in your stomach.
- H. Pain or discomfort in your throat, often caused by a virus.
- I. A common symptom of respiratory infections, allergies, or irritants.
- J. Abnormal response to substances that are generally harmless.

Exercise 2: Complete the sentences using the appropriate vocabulary.

I have a \_\_\_\_\_. My throat hurts.

She has a \_\_\_\_\_. She feels hot and shivery.

He is \_\_\_\_\_ to cats. If he's near a cat he sneezes a lot.

I have a \_\_\_\_\_. My back hurts.

Exercise 3: Complete the Scenario with relevant vocabulary (There is more than one correct answer, just pick one that makes sense).

At the Doctor's Office

Patient: "Hello, doctor. I have a terrible \_\_\_\_\_."

Doctor: "I see. Do you also have a \_\_\_\_\_ or \_\_\_\_\_?"

Patient: "Yes, I have a \_\_\_\_\_ too. And I feel \_\_\_\_\_."