

**A**  Listen to the conversation between three friends. Then read the descriptions and write the name of the person described: Svetlana, Janine, or Paulo.

- 1 \_\_\_\_\_ is waiting to hear from Anton.
- 2 \_\_\_\_\_ suggests food you can chop up.
- 3 \_\_\_\_\_ doesn't like wasting food.
- 4 \_\_\_\_\_ might have a food allergy.
- 5 \_\_\_\_\_ thinks gluten-free foods are a fad.

\_\_\_\_\_ / 10 (2 points each)

**B** Choose the correct answer.

EXAMPLE: I see a lot of people wear workout clothes to go out. It must be \_\_\_\_\_ at the moment.

- A fashionable
- B old-fashioned
- C on the way out

- 1 Not many people write letters by hand these days. I guess that practice is \_\_\_\_\_.  
  - A all the rage
  - B a thing of the past
  - C the next best thing
- 2 Using drones to deliver products to customers is \_\_\_\_\_ for online companies because it's cheaper.  
  - A gaining popularity
  - B losing popularity
  - C trendy
- 3 Digital music and streaming services are popular. Listening to music on CDs has now \_\_\_\_\_.  
  - A all the rage
  - B trendy
  - C gone out of style

- 4 Everyone I know cooks with coconut oil. It seems cooking with olive oil has \_\_\_\_\_.  
  - A lost popularity
  - B been all the rage
  - C gained popularity
- 5 My brother used to have a beard, but now he has a mustache. It seems beards were just \_\_\_\_\_.  
  - A the next best thing
  - B dated
  - C a fad
- 6 Everybody is talking about recycling and upcycling clothes and furniture. It's a very \_\_\_\_\_ topic right now.  
  - A old-fashioned
  - B trendy
  - C dated
- 7 It's hard to keep up with trends. Something that is \_\_\_\_\_ today could be on the way out tomorrow.  
  - A losing popularity
  - B all the rage
  - C a thing of the past

\_\_\_\_\_ / 7 (1 point each)

**C** Rewrite the sentences with the correct form of the verbs in bold.

EXAMPLE If a restaurant **will not throw** food away, it **has** zero waste.

If a restaurant **doesn't throw** food away, it **will have** zero waste.

1 If **it'll taste** good, you **eat** it!

2 If you **might like** garlic, you **like** this dish.

3 If people **are going to try** this restaurant once, they **come** back.

4 If you'll **want** a cheap meal, go to Rancho's.

5 If you'll **give** me the recipe, I **cook** it tonight for you.

6 If people **are going to add** mint to this salad, they **love** it.

7 If the food **isn't going to be** good, people **don't return**.

8 If more people **will recycle**, it will help the environment.

\_\_\_\_\_ / 8 (1 point each)

**D** Rewrite the sentences with the time expression in parentheses ( ).

EXAMPLE: I take a shower. I'll make breakfast. (after)

After I take a shower, I'll make breakfast.

1 We leave the restaurant. We'll go home. (after)

2 It gets darker. I close the curtains. (when)

3 I wait here. The sever comes. (until)

4 I'll tell you. There is enough salt in the mixture. (when)

5 You taste it. You'll know why it is special. (after)

6 Cook the sauce. It boils. (until)

7 I get home from work. I'll call the dentist. (after)

\_\_\_\_\_ / 7 (1 point each)

**E** Circle the correct answer.

EXAMPLE: To make this rice dish, you need to *chop* / *boil* the rice for about 20 minutes.

- 1 *Pineapple* / *Cabbage* is a leafy vegetable that is often boiled and put in soup.
- 2 Before I make a salad, I always *boil* / *rinse* the lettuce leaves in cold water.
- 3 You can eat *tuna* / *mint* out of a can or mix it with mayonnaise to make salad.
- 4 Traditional dishes from India and Japan use *zucchini* / *ginger* as a spice to add flavor.
- 5 *Zucchini* / *Garlic* is a healthy green vegetable that you can eat boiled or with noodles.
- 6 *Pineapple* / *Zucchini* is hard and brown on the outside but juicy and yellow on the inside.
- 7 I love seafood, and *shrimp* / *zucchini* is my favorite.
- 8 I like to *barbecue* / *fry* meat outdoors on a grill when the weather is warm.

\_\_\_\_\_ / 8 (1 point each)

**F** Read the article. Then choose the correct answer.

### Healthy mind, healthy body

Being healthy means taking care of your mind and your body. If you keep your mind busy with positive activities, it will stay healthy. But how do we keep our bodies healthy?

Fast food isn't on the way out, but healthy options are gaining popularity. Hotdogs are great for barbecues and will never go out of style. But let's look at some healthy alternatives.

Think about what you drink. A can of soda has dozens of grams of sugar. But if you choose a sugar-free alternative like iced tea or some juices or even coconut water, you will reduce those harmful sugars. You won't be on the path to a healthy lifestyle until you make better drinking choices.

Cut down on oils and fried food. If you like to fry food, you can use good, healthier kinds of oil. Coconut oil is the latest thing known to be very good for you.

Variety is good. There are many foods that you might not think about eating often, such as tuna, shrimp, eggplant, zucchini, and cabbage. Of course, a lot of these foods are better if you add a little flavor. Consider cooking with garlic, ginger, and even mint, all of which are healthy.

Finally, Hot Pots are the latest thing in cool cooking. You go to a restaurant and choose your ingredients from meat, seafood, and vegetables. After you put the food into a very hot soup, you eat it together with a group of people. Enjoy healthy eating with friends!

- 1 The writer of the article thinks that fast food
  - A is on its way out.
  - B is losing popularity.
  - C is gaining popularity.
- 2 The writer of the article thinks that hotdogs are
  - A coming back in style.
  - B losing popularity.
  - C a food that people will always like.
- 3 The writer of the article suggests that people
  - A drink soda, but not every day.
  - B drink coconut water or juice.
  - C try different alternatives to soda.
- 4 The writer of the article recommends that people
  - A eat a varied diet, eat less fried food, and try garlic and ginger.
  - B use coconut oil for cooking, and eat seafood and meat.
  - C eat mainly vegetables and fruit, and lots of garlic and ginger.
- 5 A hot pot is
  - A a restaurant where people share the same food.
  - B a soup dish with different ingredients for sharing.
  - C a soup you make and bring to a restaurant to share.

\_\_\_\_\_ / 10 (2 points each)