












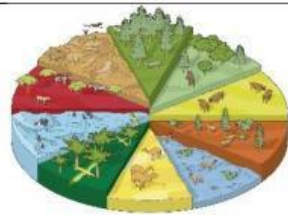




FOOD AND HEALTH 4

1. Look and match the words in the box with the pictures:

ear infection bump	allergic reaction	skin rash	chest infection
			
			
			
			

Read and choose the best answer:

Each year, the mosquito-borne disease called _____ kills half a million people.

- a. mosquito repellent b. malaria c. skin rash

Male mosquitoes have a _____ of about 10 days.

- a. lifespan b. nectar c. allergic reaction

We can protect the _____ and save money by recycling.

- a. lifespan b. habitat c. environment

The giraffe's natural _____ is grasslands.

- a. habitat b. nectar c. environment

I think we need to sleep under a _____ tonight because there are a lot of mosquitoes in here.

- a. mosquito coil b. mosquito net c. mosquito repellent

Yesterday, my sister had a _____. Her skin turned reddish, and she felt itchy all over her face.

- a. chest infection b. bump c. skin rash

_____ in fruits and vegetables gives us healthy hair and skin.

- a. Vitamins and minerals b. Fibre c. Calcium

_____ helps your body to grow and build muscles.

- a. Calcium b. Vitamins and minerals c. Protein

He had _____, so he stopped drinking cold water and smoking.

- a. an ear infection b. a sore throat c. malaria

My sister never goes out without wearing sun cream and _____.

- a. a mosquito net b. mosquito repellent c. a bump

Last week, I had _____ from drinking camel milk.

- a. an ear infection b. a sore throat c. allergic reaction

Read and answer the following questions:

Are mosquitoes dangerous? Why?

What should we do to protect us from mosquito bites?

2. Complete the sentences with " more", "less", " fewer", " much", " many", " a lot of", "any", "some":

You should drink _____ soft drinks and _____ juice.

You shouldn't eat too _____ sugar because it can lead to weight gain.

If you want to sleep well, you should drink _____ coffee at night.

You should eat _____ cookies and cupcakes because they contain a lot of sugar.

You don't need to buy _____ apples. We have enough at home.

You should eat _____ fried chicken because it's not good for you.

I think he should buy _____ vegetables because there'll be a lot of people coming to the party.

Make sure you can go home on your own and don't drink too _____ beer.

You should eat _____ fruit and vegetables because they help digest food properly and provide our body with vitamins and minerals.

You should drink _____ soft drinks and drink _____ juice.

Do we have _____ cake left in the fridge? – Yes, but I think we need to buy _____.

There will be a lot of people coming to the party.

If you want to sleep well, you should drink _____ coffee at night.

Your mother shouldn't drink as _____ coffee because it's not good for her stomach.