WHAT IS HEALTH?

1. Complete the sentence about health. (DO NOT USE CAPITAL LETTERS).

When we are healthy, we have good _____, _____ and

_____ health.

2. What type of health can you see in the pictures? Write physical, mental or social under each picture. REMEMBER: DO NOT USE CAPITAL LETTERS.







3. Who can help us when we have a health problem? Put a cross in the correct pictures.









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4. What can we do to look after ourselves? Match the pictures with the sentences.



Have healthy habits.



Get the vaccinations



Go to medical check-ups

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