

## WHAT IS HEALTH?

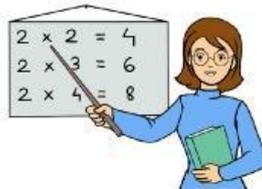
1. Complete the sentence about health. (DO NOT USE CAPITAL LETTERS).

When we are healthy, we have good \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_ health.

2. What type of health can you see in the pictures? Write physical, mental or social under each picture. REMEMBER: DO NOT USE CAPITAL LETTERS.



3. Who can help us when we have a health problem? Put a cross in the correct pictures.



4. What can we do to look after ourselves? Match the pictures with the sentences.



Have healthy habits.



Get the vaccinations



Go to medical check-ups