

ILSW 7 - UNIT 2: HEALTH



VOCABULARY

ENGLISH	TYPE	PRONUNCIATION	VIETNAMESE
allergy	n	/'ælərdʒi/	
drink	v	/drɪŋk/	
eat	v	/it/	
fast food	n	/fæst fud/	
fruit	n	/frut/	
get	v	/get/	
healthy	a	/'heɪθi/	
junk food	n	/dʒʌŋk fud/	
lifestyle	n	/'laɪf, staɪl/	
sleep	v	/slɪp/	
soda	n	/'soudə/	
unhealthy	a	/ən'helθi/	
cafeteria	n	/,kæfə'tɪriə/	
effectively	a	/ɪ'fektɪvli/	
vegetarian	n	/,vedʒə'teəriən/	
cough	n	/kɒf/	
depression	n	/dɪ'preʃn/	
earache	n	/'ɛərəɪk/	
itchy	adj	/'ɪtʃi/	
obesity	n	/əʊ'bi:səti/	
runny nose	n	/'rʌni nəʊz/	
sickness	n	/'sɪknəs/	
sneeze	v	/sni:z/	
sore throat	n	/sɔ:(r) θrəʊt/	
spot	n	/spɒt/	
stomachache	n	/'stʌmək, eɪk/	
sunburn	n	/'sʌnbɜ:n/	

sunburnt	adj	/'sʌnbɜ:nt/	
temperature	n	/'temprətʃər/	
toothache	n	/'tu:θeɪk/	
weak	adj	/wi:k/	
feel	v	/fi:l/	
fever	n	/'fi:vər/	
get rest	v	/ɡet rest/	
have	v	/hæv/	
keep	v	/ki:p/	
late	a	/leɪt/	
lazy	a	/'leɪzi/	
medicine	n	/'medəsən/	
sore throat	n	/sɔr θrəʊt/	
stay up late	v	/steɪ ʌp leɪt/	
take	v	/teɪk/	
vitamin	n	/'vaɪtəmən/	
warm	a	/wɔrm/	
feel	v	/fi:l/	
fever	n	/'fi:vər/	
awake	adj	/ə'weɪk/	
calorie	n	/'kæləri/	
compound	adj	/'kɒmpaʊnd/	
concentrate	v	/'kɒnsn,treɪt/	
conjunction	n	/kən'dʒʌŋkʃn/	
coordinate	v	/kəʊ'ɔ:dineɪt/	
diet	n	/'daɪət/	
essential	adj	/ɪ'senʃl/	
expert	n	/'ekspɜ:t/	
junk food	n	/'dʒʌŋk fu:d/	
myth	n	/mɪθ/	
pay attention	v	/peɪ ə'tenʃn/	
put on weight	v	/pʊt ɒn weɪt/	

sleep in	v	/sli:p m/	
stay in shape	v	/steɪn ʃeɪp/	
sunbathe	v	/'sʌnbæɪð/	
triathlon	n	/traɪ'æθlɒn/	