

UNIT 1 VOCABULARY

FEELINGS AND EMOTIONS

1 Complete the sentences with the appropriate feeling. There are 2 extra words.

scared surprised bored optimistic
happy sad kind calm pessimistic
satisfied

1. I was really _____ when my sister broke my guitar.
2. The film music made me feel so _____ that I started crying.
3. I had nothing to do so I felt rather _____.
4. They're really _____. They help everyone whenever they can.
5. Adnan said he wasn't going to the party so I was really _____ to see him there.
6. When the stage caught fire, the musicians stayed _____ and didn't panic. They quickly walked off.
7. I'm so _____! My favourite band is playing next month and I've got a ticket!
8. We were a bit _____ before we performed in public for the first time. I was so nervous my knees were shaking!

My two best friends have been off school all week. I've felt a bit _____ because I haven't had anyone to talk to. I was _____ too because we couldn't meet up and I didn't have anything to do. **Izzy, 15**

I made a silly mistake in class and everyone laughed at me. I felt so _____! I'm sure my face was red. **Carolina, 14**

I had a problem and when I told my friend, he didn't laugh. He was very _____. He really listened to me and tried to understand. He was very kind. I felt much better after. **David, 15**

We've had exams and I was feeling quite _____ about the results. I was sure I had failed them all! Then I heard the teachers were pleased with me, so now I'm feeling much more _____. I hope I've done well! **Danika, 16**

My brother's going on holiday with his friends, but I'm not allowed to. My parents say I'm too young. I'm _____ of him. I wish I could go – he's so lucky! **Natalia, 15**

2 Complete the comments with the words in the box. There are three extra words.

bored content embarrassed jealous
joyful lonely optimistic pessimistic
satisfied surprised sympathetic

**HOW HAS YOUR WEEK BEEN?
HOW HAVE YOU BEEN
FEELING? TELL US ABOUT
YOUR BEST – OR WORST! –
MOMENTS.**

I won a song competition! I couldn't believe it!! I was so _____ and happy! **Hafiz, 16**

3

Complete the sentences with the correct noun form of the words in brackets

1. Alex knew it was dangerous, but he felt no fear (**scared**)
2. It can be hard to feel any _____ for people who create their own problems. (**sympathetic**)
3. I was so happy I wanted to shout with _____ ! (**joyful**)
4. Imagine our _____ when we found out that we had won the talent competition. (**surprised**)
5. I can always find something to do to keep busy, so I never suffer from _____ .(**bored**)
6. _____ is a hard feeling. It can ruin relationships. (**jealous**)