

# UNIVERSITY OF TECHNOLOGY AND APPLIED SCIENCES- IBRA

## LEVEL – THREE – LISTENING

### Unit 1 Listening 1

Use the words in the box correctly to complete the text.

stress	diseases	diet	cause	consists of,
prevent	likely	attitude	habits	provide

Oman has progressed a lot in the field of health care since 1970. Today most people in Oman have access to modern hospitals. The government has succeeded in implementing many steps like vaccination to 1. \_\_\_\_\_ many diseases like polio and Covid 19. There are also many programs to kill mosquitoes that 2. \_\_\_\_\_ malaria and other 3. \_\_\_\_\_. The government also 4. \_\_\_\_\_ free medicines to all citizens. However, many people don't give enough attention to their health. They have a negative 5. \_\_\_\_\_ to the government's efforts and don't heed to advice. One reason people's bad health is their 6. \_\_\_\_\_ which includes items like pizzas, burgers and chips which 7. \_\_\_\_\_ a lot of oil salt and sugar. People who consume a lot of junk food like these are 8. \_\_\_\_\_ to develop heart disease in later life. Some professionals like doctors, managers and teachers have a lot 9. \_\_\_\_\_ that increases blood pressure and make them sick. People also have bad 10 \_\_\_\_\_ like smoking which will result in cancer.

(BIJU C THOMAS)