UNIVERSITY OF TECHNOLOGY AND APPLIED SCIENCES- IBRA

LEVEL – THREE – LISTENING

Unit 1 Listening 1

Use the words in the box correctly to complete the text.

stress	diseases	diet	cause	consists of,
prevent	likely	attitude	habits	provide

Oman has progressed a lot in the field of health care since 1970. Today most people in Oman have access to modern hospitals. The government has succeeded in implementing many steps like vaccination to 1. _____ many diseases like polio and Covid 19. There are also many programs to kill mosquitoes that 2. _____ malaria and other 3. _____ The government also 4. _____ free medicines to all citizens. However, many people don't give enough attention to their health. They have a negative 5. _____ to the government's efforts and don't heed to advice. One reason people's bad health is their 6. _____ which includes items like pizzas, burgers and chips which 7. _____ a lot of oil salt and sugar. People who consume a lot of junk food like these are 8. _____ to develop heart disease in later life. Some professionals like doctors, managers and teachers have a lot 9. _____ that increases blood pressure and make them sick. People also have bad 10 _____ like smoking which will result in cancer.

(BIJU C THOMAS)

LIVEWORKSHEETS