How to study for exams

You will listen to a recording about exam strategies. Read the questions below. Listen and answer them.

Listen

1. The most important thing is _____

2. Cramming is more effective than spreading your studying over time.
   True / False

3. The two most important and effective methods are: _____ and _____ .

4. What does the active recall involve?

_____

_____

5. Rereading materials 4 times is more effective than testing yourself only once.
   True / False

6. What is the Feynman technique?

_____

_____

7. Spaced repetition inlolves _____

_____

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8. What is deliberate practice?

_____

_____

9. Why is it important to get enough sleep?

_____

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