

A  Listen to Julia, Sam, and Max talk about change. Then read the questions and choose the correct answer.

- 1 Why doesn't Julia find it easy to make changes?
 - A Because her experiences with change haven't always been good.
 - B Because she has never been able to cope with changes.
 - C Because she wants things to remain the same.
- 2 What happened when Julia went to college?
 - A She was a little nervous at first, but then she met a lot of people.
 - B She didn't feel ready at the beginning, but then she started talking to new people.
 - C She was very frightened, so she didn't meet any new people.
- 3 How has Sam changed?
 - A He isn't shy anymore, and he finds it really easy to make changes.
 - B He does new things every month, but he thinks his life has become too complex.
 - C He makes himself do something new every month, and he thinks things are better.
- 4 What is Max's opinion on change?
 - A It's a waste of time.
 - B It can make us less frustrated.
 - C It's always a challenge.
- 5 What does Max do with his friends?
 - A Four times a month, they choose one thing to change or try.
 - B They try new food and change their look every week.
 - C They try to survive dangerous weekly challenges.

_____ / 10 (2 points each)

B Choose the correct answer.

EXAMPLE She wants to share an apartment with her friends, but she's *capable* / *frightened* of telling her parents.

- 1 You should stop *resisting* / *surviving* change. There is no way to avoid it.
- 2 I *accept* / *underestimate* that you are busy, but I think that you should come to the dinner. It is important.
- 3 The preparation for the exams was quite stressful, but I managed to *adapt* / *survive* it.
- 4 I know it's not the most exciting job in the world, but it's a *grip* / *step forward* toward what I really want to do.
- 5 We just finished painting the living room and now we're going to *tackle* / *accept* the kitchen.
- 6 I think we should move. I can't *take* / *adapt* living next door to these neighbors a day longer!
- 7 Jim says he hates his classes this year. I think he should get a *grip* / *through* and stop complaining.
- 8 If you can't *welcome* / *cope* with hot weather, then you shouldn't go to tropical countries on vacation!

_____ / 8 (1 point each)

C Complete the sentences with the words in the box.

awkward complex crazy infuriating nerves patience time time-consuming

EXAMPLE I have read the instructions for the application process. But they are so complex that I can't understand a word of them!

- 1 When the crowd started asking difficult questions, she looked as if she was about to lose her _____.
- 2 Making bread is quite a _____ process, so I only do this if I have the whole day free.
- 3 I bought a new smartphone, but it's a really _____ size and it doesn't fit in my pocket.
- 4 My sister watches horror movies on her tablet at night. It gets on my _____ because I can hear them and I can't get to sleep.
- 5 I asked them to take me off the mailing list, but they kept sending me spam mail. It was so _____! I hate them!
- 6 I spent hours in traffic to get there, and then I was able to talk to the doctor for only 15 minutes! What a waste of _____!
- 7 Peter always parks his car in front of our house. It really drives me _____. Why doesn't he park it in front of his own?

_____ / 7 (1 point each)

D Choose the correct answer.

EXAMPLE It tends to snow / will snow in the mountains around this time of the year.

- 1 Our neighbors *are constantly talking* / *will talk* about moving. If they are so unhappy in this neighborhood, they should go!
- 2 Martina *tends to tell* / *tells* me that you enjoy spending your vacations in Hawaii.
- 3 Roger and Alex *are always chatting* / *will chat* in class when they shouldn't be. Their teachers are so patient.
- 4 The class *usually starts* / *will start* at around 5 p.m., and we have a break half way through.
- 5 If I'm cooking on the weekend, *I'll often make* / *I'm always making* a little extra, just in case we have unexpected visitors.
- 6 Clara always looks relaxed when she's *doing* / *always doing* yoga.
- 7 Mr. Miller *is always underestimating* / *tends to underestimate* what his students can do. He should give them more autonomy in class.
- 8 In our family, we never watch TV when we *will eat* / *are eating* dinner.

_____ / 8 (1 point each)

E Choose all the correct answers. Sometimes more than one is possible.

EXAMPLE I adore peanut butter. It's strange because when I *used to be* / *would be* / **was** younger, I hated it.

- 1 When they were younger, my father *used to buy* / *would buy* / *bought* my mother some flowers every week. It was so sweet.
- 2 Last month, I *used to pay* / *would pay* / *paid* a lot for my phone bill, so this month I'm trying not to use my phone much.
- 3 When we lived in Canada, we went skiing every winter. I *used to love* / *would love* / *loved* it.
- 4 This afternoon at the park, I *used to eat* / *would eat* / *ate* two ice creams! What was I thinking?
- 5 My grandfather *used to have* / *would have* / *had* a turtle, but it died last year. He was so sad.
- 6 I *didn't use to like* / *wouldn't like* / *didn't like* jazz at all a few years ago, but it's my favorite kind of music now.
- 7 Paulo was born in Rio, but he *didn't use to grow up* / *wouldn't grow up* / *didn't grow up* there.

_____ / 7 (1 point each)

F Read the blog post. Then read the statements and decide if they are True or False.**Anya on the move!**

When I was a child, my parents used to take us to the same places on vacation, year after year. After I left home, I'd dream about traveling abroad, visiting exotic countries, going to a different place on each trip, but, somehow, I never did. Now I've decided it is time to change all this – and to share my new adventures with you. Welcome to my new blog!

Nepal

Posted June 13th

Day 1

After surviving an endless flight, Mark and I arrived, tired and dirty, at Kathmandu Airport late at night. We just wanted to get to our hotel and go to bed, but the way there ended up being a little more complex. The airport was packed with people, and we had to wait for nearly an hour for our luggage. Looking for a taxi wasn't less frustrating. There were so many cars and people that it was tricky to see where the taxis were. When we finally got to the hotel, we couldn't take it anymore – after a quick shower, it was time for bed.

Day 2

We had a wonderful night's sleep, but we woke up to some horrible noises. Our hotel is this beautiful, enormous, historic building, which was sadly a little damaged in the earthquake of 2015. Even now they are still rebuilding parts of it, and it looks like slow progress – and a lot of loud noises in the morning.

But we also experienced our first Nepalese breakfast: plates of fruit, eggs, and several other dishes that looked a little mysterious. But the smells coming from every shiny dish was delicious and we enjoyed every little bit of the food!

After breakfast, we went out in search of a taxi again. This one took us through the streets of Kathmandu, driving through crowds of people, animals and thick dust everywhere. And then, once we had left the city, we went through this spectacular scenery of wide valleys and huge mountains, on the way to Bhaktapur. That is when I realized I had underestimated just how awesome the rest of the world can be!

1 The blog is about Anya's trips with her family when she was younger.	T / F
2 Anya's experience at Kathmandu Airport was a little annoying.	T / F
3 The hotel where Anya stayed in Kathmandu was fairly new.	T / F
4 Anya couldn't resist the smells of the breakfast food.	T / F
5 The nature in Nepal was much more beautiful than Anya had expected.	T / F

_____ / 10 (2 points each)