

How much sugar do you eat?

Quite a lot.

1 VOCABULARY & PRONUNCIATION

food containers; linking

a **9.6** Match the words and photos. Listen and check.

a <u>bottle</u>	1
a <u>box</u>	2
a <u>can</u>	3
a <u>carton</u>	4
a <u>jar</u>	5
a <u>packet</u>	6
a <u>tin</u>	7



b **9.7** Listen to five people asking for things in shops. Write the things they want to buy.

c Make phrases with the containers in a and the words below.

biscuits cereal Coke crisps jam milk salt sugar tuna

a packet of biscuits

2 GRAMMAR quantifiers

a Look at the photos of food and drink. Number the photos 0, 1, 2, or 3 (0 = no sugar / salt – 3 = a lot of sugar / salt).



b Ask and answer questions about the things in a.



How much sugar is there in dark chocolate?

I'm not sure. Quite a lot?

c **Communication** Sugar and salt p.106 Check your answers to a.

d Complete the sentences with a food or drink from a.

- 1 There **isn't any** salt in _____.
- 2 There's **a little** sugar in _____.
- 3 There's **quite a lot of** salt in _____.
- 4 There's **a lot of** sugar in _____.

e **G p.140 Grammar Bank 9B**

f Work in pairs. A say how much you eat of the first thing in the list below. Give more information if you can. Then ask *How about you?* B do the same for the second thing, etc.

fish meat potatoes vegetables
chocolate fast food eggs pasta
olive oil butter cheese

I eat a lot of fish. I eat it maybe three or four times a week. How about you?

3 PRONUNCIATION /ʃ/ and /s/

a **9.9** Listen to the words and sounds. Then listen and repeat.

	shower	sugar fish
	snake	salt sweets

b **9.10** Put the words in the correct row. Listen and check.

centre cereal cinema crisps delicious
fresh information reception rice salad
science shopping special sure

c **9.11** Listen and repeat the conversation. Then practise it with a partner.

A Are you **sure** this is **salt**? I think it's **sugar**.
B No, I'm **sure** it's **salt**. I put **some** in the **rice salad**.
A Let's taste the **salad**. Aargh. It was **sugar**. I told you.
B Sorry!