

# From the farm to your plate

**Read the text on page 102 and respond True or False**

1. All food comes from the kitchen. \_\_\_\_\_
2. All food we eat is produced locally. \_\_\_\_\_
3. Not all "fresh" food is fresh. \_\_\_\_\_
4. Transporting food requires consuming lots of energy. \_\_\_\_\_
5. The further food travels the more pollution it causes. \_\_\_\_\_
6. To reduce pollution, we can try consuming local products.  
\_\_\_\_\_
7. Imported lettuce is healthier than every-day picked lettuce.  
\_\_\_\_\_
8. Different fruit and vegetables grow in different seasons.  
\_\_\_\_\_
9. We shouldn't eat fresh summer fruit and vegetables in winter.  
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