READING

1 Read the text about Lola. How often does she do her favourite sport?

_____



Teenblog: Sport

It's hard work, but it's fun!

Posted by Lola O'Shea

At school, I do a lot of sports like rugby, badminton and hockey. I love football, but now I have a new favourite sport – underwater football! Do you know it? It's like football, but you play it in a swimming pool. There are two teams. Each team has got 13 players, with five players in the water. The ball isn't a normal football; it's big and heavy. In normal football, players don't use their hands to hit the ball, but in underwater football, they can use their head, hands or feet to do this. Players try to hit the ball into the other team's goal. The winning team is the team with the most goals at the end of the game.

I don't play underwater football at school, but I'm in a team at a club. We usually play every week, on Saturday. Underwater football is an exciting sport but it's hard work. I love it because I like football and I like swimming, too. It's really fun!

2 Read the text again and choose the correct answers.

1 What sports does Lola do at school?
- **A** rugby, badminton and underwater football
- **B** rugby, badminton and hockey
- **C** rugby, badminton and swimming

2 How is underwater football different to normal football?
- **A** There are three teams.
- **B** The players use a racket to hit the ball.
- **C** You play it in a swimming pool.

3 How do you win a game?
- **A** You swim to the other team's goal.
- **B** You score goals.
- **C** You hit the ball.

4 Why does Lola like underwater football?
- **A** because it's exciting and fun
- **B** because she's in a team
- **C** because it's hard work

3 Read the text again and complete the table.

Underwater football facts

Number of teams	1 _____
Number of players in each team	2 _____
Equipment	3 _____
What do you use to hit the ball?	4 _____

LIVEWORKSHEETS

LISTENING

01 **1** **Listen to an interview with teen sports star, Andrea Murray. Tick (✓) the activities that Andrea does regularly.**

plays volleyball _____
plays tennis _____
goes snowboarding _____
cycles _____
studies _____
listens to music _____
reads _____
goes to the cinema _____

01 **2** **Listen to the interview again. Are the sentences right (✓) or wrong (✗)?**

1 Andrea listens to Barry's podcast. _____
2 Andrea's father plays badminton. _____
3 Andrea's brothers and sisters don't like sport. _____
4 Andrea always plays tennis on school days. _____
5 She gets up at five o'clock on Wednesdays. _____
6 She doesn't have any free time. _____

01 **3** **Listen again and complete Andrea's diary.**

Friday

- 5.00 am – [0] *get up*
- [1] _____ for two hours
- go to school

Saturday

- [2] _____ – get up
- have breakfast
- [3] _____ all day

Sunday

- 6.00 am – get up
- morning – [4] _____
- afternoon – [5] _____

WRITING A text about your favourite sport

1 **Read the text. Tick (✓) the questions that the writer answers.**

1 What is your favourite sport? _____
2 How do you play it? _____
3 What equipment do you need? _____
4 Where and when do you play it? _____
5 Why do you like it? _____

My favourite sport

by Lydia

My faborite sport is basketball. Does you know it? There are to teams with five people in a team. You need a basketball and two baskets to play it. Players throw the bal in the net two score points. The team with the most points wins. I sometime play basketball at school, but I also in a team at a club. We playing every Saturday. I like basketball becase it's fast and its fun.



2 **Read the text again and find ten mistakes with spelling and grammar.**

3 **Think about your favourite sport and answer the questions in Exercise 1. Make notes below.**

_____
_____
_____
_____

4 **Write about your favourite sport. Use the notes you made in Exercise 3 and write about 50 words. Remember to read your work carefully and check for spelling and grammar mistakes.**

_____
_____
_____
_____
_____
_____

LIVEWORKSHEETS