4.19

BEST OF BRITISH!

UNLIKE FRANCE OR ITALY, Britain is not famous for the quality of its food. And the truth is, British people are very keen [1]_____ food from other countries. There are Indian and Chinese restaurants in nearly every town in [2]_____ UK – and other types of international food are popular too. However, according to a recent survey, British people are also keen on traditional British food and usually have one [3]_____ two favourite British dishes.

A traditional Sunday lunch with roast beef and Yorkshire pudding is very popular, and so is a full English breakfast. (This is not just bacon and eggs, of course. It also includes sausages, tomatoes, mushrooms and toast.) Another favourite, [4]_____ survey says, is sausages and mashed potato – or 'bangers and mash', as people often call it.

Sometimes, favourite dishes have a connection with a special time or place, and often the food seems to taste better because [5]_____ that connection. For example, a hot pie is the perfect food when you're watching a football match. But when you're watching tennis at Wimbledon, you want a bowl [6]_____ strawberries and cream.

So what is the nation's favourite British food, according to the survey? The answer is: fish and chips – especially take-away fish and chips in paper. And especially when you're eating it by the sea!

5 Listen to the interview again. Circle the best answers.

1 Which kind of food from the 1970s do they discuss?

a nouvelle cuisine
b cuisines from other countries
c modern British cuisine

2 How is modern British cuisine different from other styles of cooking?

a It takes a new look at traditional recipes.
b The meals are very small.
c The recipes use traditional herbs and spices.

3 Which of these dishes is a Modern British cuisine recipe?

a traditional roast lamb
b duck with orange sauce
c duck with cherries or pistachio nuts

4 What extra information do some Modern British cuisine menus include?

a Which herbs and spices the food contains.
b Where the ideas for the dishes come from.
c How far away the ingredients come from.

LIVEWORKSHEETS