











PRACTICE 1

Task 1. Match the words with the pictures (Nối từ với tranh)

1. Playing rugby	
2. Going sailing	
3. Going skating	
4. Doing judo	
5. Doing athletics	
6. Doing gymnastics	
7. Going surfing	
8. Going snowboarding	
9. Playing baseball	
10. Playing hockey	

Task 2. Match the following words with their Vietnamese meanings (Nối các từ sau đây với nghĩa tiếng Việt)

English	Vietnamese
Part 1:	
1. Club (n)	a. cải thiện
2. Competition (n)	b. quan trọng
3. Win a race (n)	c. câu lạc bộ
4. Improve (v)	d. cuộc thi
5. Important (a)	e. giữ gìn sức khỏe
6. Trainer (n)	f. giành chiến thắng trong một cuộc đua
7. Keep fit (v)	g. thích
8. Enjoy (v)	h. trung tâm thể thao
9. Sports center (n)	i. huấn luyện viên
Part 2: Nouns (Danh từ)	
1. Summer camp	a. phụ nữ
2. Women	b. kỳ nghỉ
3. National team	c. trại hè
4. Holidays	d. núi
5. University	e. đội tuyển quốc gia
6. Mountain	f. đại học
Part 3: Verbs (Động từ)	
1. Play a match	a. dành thời gian
2. Spend time	b. muốn làm gì
3. Want to do st	c. chơi một trận đấu
4. Ski = go skiing	d. tham gia vào

6. Take part in	e. trượt tuyết
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Task 3. Read the text and answer the questions (*Đọc đoạn văn và trả lời câu hỏi*)

Sports

Sarah

I started running when I was really young. I used to go out with my mum, who also enjoyed running. When I was 13 I joined a club and started taking part in competitions. I have never won a race but I'm improving all the time and that's the most important thing for me. Runners are lovely people and I've made so many friends since joining the club. I hope to become a trainer and help people in the future.

Tania

I spend a lot of time studying so it's important for me to do exercise in order to keep fit. So on Saturday I play football for the school girls team and then in the week I go swimming. My parents are really pleased to see me doing exercise. When I started going to swimming and football classes I hated it. But they told me I'd enjoy it if I kept going and they were right.

Kelly

I don't do as much exercise as I'd like to as I don't get home from school until late so the only time left is the weekend. Also, the sports centre is a long way from our house so my mum has to drive me there everytime I want to go. I go there to do table tennis and I'm quite good at it. On Saturday I teach some of the younger children how to play and that's good fun.

1. Who does more than one sport? A. Sarah B. Tania C. Kelly	
2. Who says that they don't have much time to practise their sport? A. Sarah B. Tania	

C. Kelly	
3. Who helps other people learn a sport? A. Sarah B. Tania C. Kelly	
4. Who thinks she is getting better at her sport? A. Sarah B. Tania C. Kelly	
5. Who didn't like doing exercise at first? A. Sarah B. Tania C. Kelly	
6. Who has a parent that takes them to the sports centre? A. Sarah B. Tania C. Kelly	
7. Who started doing a sport with a parent? A. Sarah B. Tania C. Kelly	