

1° Read this text. And write true or false

Smiling: an international language

Have you ever thought of the value of a smile? It is free to give and can change the mood of the person who receives it. Everyone can do it, even little babies. It connects us with other humans, no matter what language we speak. Beyond being able to make connections with other humans, do you know that establishing a habit of smiling on a regular basis also has wonderful health benefits? Studies have shown that even if you are not having a good day, smiling can boost your mood. It's because the physical act of smiling sends signals to your brain that you are actually happy. Smiling also reduces stress levels because it releases chemicals called endorphins.

- If you and a friend speak different languages, you can still communicate through a smile. _____
- If you are not having a good day, smiling does not help. _____
- Your stress level increases if you smile. _____

2° Identify if these sentences contain first or second conditional, then fill the blanks with the correct form of verbs in brackets, use auxiliary if needed.



FIRST Conditional	If + Present Simple, Simple Future. If it's sunny, we'll go to the park. Use: To talk about possibilities in the present or in the future
SECOND Conditional	If + Past Simple, Present Conditional. If I won a million dollars, I would buy a new car. Use: Imaginary situations in the present or future

- ✓ If I _____ (be) rich, I would buy my mom a big house.
- ✓ If you _____ (feel) sick, you will have to stay in bed.
- ✓ He would travel all over the world if he _____ (have) more time and money.
- ✓ If we don't hurry, we _____ (miss) our bus.
- ✓ She _____ (be) the happiest woman if she had a baby.
- ✓ If I didn't want to go, I _____ (tell) you.
- ✓ If you _____ (participate) in the election, people would choose you.

