

# 7A Food

- Goal: describe food shopping items
- Grammar: countable and uncountable nouns; some, any, lots of and a lot of
- Vocabulary: food and drink

## Vocabulary

- Work in pairs and answer the questions.
  - How often do you shop for food?
  - Where do you usually go to buy food: a supermarket or a market?
  - Do you enjoy shopping for food? Why/Why not?
- Look at the words in the box. Which of them can you see in the photos? What other food and drink can you think of in English?

beans chicken coffee eggs fish frozen food  
fruit ice cream juice meat pasta rice salad  
soft drinks sweets tea vegetables

- 7.1 Listen and repeat the words in Exercise 2a.
- Look at the underlined vowel sound in the words below. Write one word in Exercise 2a with the same vowel sound.
  - pasta salad 3 begins
  - chicken 4 fruit
- Work in pairs. Tell each other about the food in the photos you like and don't like.  
(I really like fruit.)

Go to page 142 or your app for more vocabulary and practice.

## Reading

- Work in pairs. Look at titles A–D in the article. What do you think each person buys at the supermarket?
- Read the article and check your ideas.
- Read the article again and correct the mistakes by changing the underlined word.
  - Mika buys a lot of sweets, soft drinks.
  - There aren't any pizzas in Emma's basket.
  - Simon gets some salad for breakfast.
  - There aren't any vegetables in Simon's basket.
  - There isn't any fish in Ryan's basket.



## Grammar

- Read the grammar box and choose the correct alternatives.

**Countable and uncountable nouns; some, any, lots of and a lot of**

Some nouns in English are countable. It's easy to count them, e.g. an apple, two bananas, a tomato. With plural countable nouns, use a singular/plural verb.

There are some sweets in my basket.  
Some nouns in English are uncountable because it's not easy to count them, e.g. fruit, meat, pasta. With uncountable nouns, use a singular/plural verb.  
Fresh orange juice is delicious.

Use 'some' with countable and uncountable nouns in positive sentences.  
There's some bread and cheese.  
I've got some fish for my cat.

Use 'some' with countable and uncountable nouns in negative sentences and questions.  
There aren't any vegetables in my basket.  
Is there any food for me?

Use lots of a lot of when you want to talk about a large amount.  
There's lots of pasta if you want some.

- Choose the correct alternatives to complete the titles in the table.

Countable/uncountable	Countable/uncountable
beans vegetables	chicken rice juice
sweets egg soft	pasta salad meat
drinks	coffee tea fruit
	frozen food

- Add the words in the box to the table above.

fish bread milk potatoes water bananas



## WHAT DOES YOUR SHOPPING BASKET SAY ABOUT YOU?



### A Mike, the busy parent

I have children who are always hungry so there's lots of food in my basket. There's some bread, pasta, meat and a lot of soft drinks. There are also some lots of tomatoes and vegetables for pasta sauce, and some sweets for when we want the children to be good. Oh, and there's some tomato ketchup, of course. My girls can't live without that!



### B Emma, the workaholic

I work long days so I don't have any time to cook. There aren't any vegetables in my basket, and there isn't any rice or pasta. You can see that most of the food I buy is microwave food. I've got some Italian meals here and some Indian meals. There's also a pizza and cheese and bread. Oh, and I always get lots of chocolate.



### C Simon, the healthy one

I'm really careful about what I eat so I usually buy white meat, like chicken, and vegetables. The green beans and salad. I get some eggs for breakfast, and some fruit for snacks. I also get a lot of oranges so that I can make fresh orange juice every morning. There aren't any sweets or soft drinks in my basket!



### D Ryan, the food lover

I love food and cook every evening. At the weekends, I love making new dishes for my friends. I go shopping three or four times a week and my shopping basket is always full of different things. Today, I've got some fish, potatoes and vegetables for a delicious fish dish. I've got some fruit and ice cream for dessert, too. I don't have any frozen food in my basket. I hate it!

- 7.2 Listen to the sentences. What do you notice about the pronunciation of the /i/ and /ɪ/ sounds in bold?

- There aren't any sweets left.
- Have you got any chocolate?
- I don't need any sugar in my coffee.

- Listen again and repeat.

- Choose the correct alternatives.

- There is/are lots of apples in the fruit bowl.
- This orange juice is/are delicious.
- I'd like any/lots of salad with my burger. I don't want some/any chips.
- These chocolates weren't/werent cheap.
- Those sweets is/are full of sugar. Don't eat them!
- This fruit is/are horrible. Can I have some chocolate?
- I haven't got some/any salad – I've got some/any meat.
- The milk is/are bad. Is it old?

- Think about the last time you bought food at a supermarket. Write a list of things in your basket.

- Work in pairs. Tell each other what you bought. Did you buy similar or different things? What does your shopping basket say about you?  
(I bought some fruit for breakfast. I didn't buy any milk because I had some at home.)

Go to page 128 or your app for more information and practice.

## Speaking

### PREPARE

- 7.2 You're going to make guesses about a person from their shopping basket. First, listen to part of a radio show about food shopping. What does Cathy say about Robbie? Is she right?

- Work in pairs. Student A: Turn to page 155. Student B: Turn to page 157. Read your instructions and make notes.

### SPEAK

- Student A: Tell Student B what's in your shopping basket. Student B: What can you guess about Student A? Use the Useful phrases to help you.

#### Useful phrases

What have you got in your basket?  
(I think that you're healthy/a food lover.)  
(I don't think that you like sweet food.)

- Swap roles and repeat.

- Report back to the class. Were your ideas correct?

Develop your listening page 104

# Homework

## 7A

## Vocabulary

Food and drink

- Put the letters in the correct order to make words for food and drink.

- relhce \_\_\_\_\_ chicken \_\_\_\_\_
- fofs klrnd \_\_\_\_\_ ate \_\_\_\_\_
- tame \_\_\_\_\_ 9 geng \_\_\_\_\_
- lufsa \_\_\_\_\_ 10 culel \_\_\_\_\_
- fecsef \_\_\_\_\_ 11 hlef \_\_\_\_\_
- rufti \_\_\_\_\_ 12 gaebtlesev \_\_\_\_\_



- Complete the table with the words in Exercise 1.

from animals	from plants	drinks
chicken		

- Choose the correct alternatives.

- After dinner, I usually have a little fruit/meat for dessert.
- I never eat frozen food unless I only eat fresh things.
- Diana's a vegetarian, so she doesn't eat any vegetables/meat.
- This orange juice/coffee is delicious.
- Would you like sugar in your coffee/juice?
- Orange juice is my favourite fruit/soft drink.
- Would you like rice or pasta/chicken with your fish?
- Green beans are my favourite fruit/vegetables.

## Grammar

Countable and uncountable nouns; some, any, lots of and a lot of

- Are the nouns in the box countable (C) or uncountable (U)?

beans chicken coffee eggs fish  
frozen food fruit pasta rice  
soft drinks tea vegetables

- Choose the correct alternatives.

- There is/are some carrots in the fridge.
- We have/haven't got any milk.
- Can you buy some/any sugar, please?
- Would you like a/some cheese?
- These eggs is/are delicious.
- Is/Are there any rice left?
- There isn't/aren't any salt in it.
- Have we got some/any chocolate?
- Well, let's get some/any food first.
- Could you get me a/some bottle of water?

- Complete the sentences with one word.

- \_\_\_\_\_ there any tomatoes in the fridge?
- My son's favourite food \_\_\_\_\_ pizza.
- I think there's \_\_\_\_\_ pasta in that cupboard.
- We haven't got \_\_\_\_\_ bread left.
- I'd like \_\_\_\_\_ chicken sandwich, please.
- Excuse me, where \_\_\_\_\_ the frozen food section?
- No, there aren't \_\_\_\_\_ eggs in this recipe.
- Would you like \_\_\_\_\_ piece of cake?
- I don't want \_\_\_\_\_ butter on mine, thanks.
- I bought \_\_\_\_\_ oranges at the supermarket.