

When you talk about repeated actions or facts in the present, use Present Simple.

	I, YOU, WE, THEY	HE, SHE, IT
+	I eat out a lot.	Lucy has a lie-in every weekend.
-	We don't go to the gym on Sundays.	Mark doesn't go out much.
?	Do you hang out with Frank?	Does Kevin usually stay in at the weekend?

Fill in the gaps with the correct forms of the verbs and phrases from the box.

drop in	have a lie-in	do house chores	surf the Internet
order a take-away	go out	check out	

- 1 Nancy can't cook, so she often _____ like pizza or Chinese food.
- 2 Dave never _____. He always gets up quite early.
- 3 Aline sometimes _____ new cafes in the city.
- 4 Ben never _____ like cooking or cleaning. He only goes food shopping and mows the lawn.
- 5 I _____ a lot when I need to find some information.
- 6 My sisters _____ for coffee every now and then.
- 7 Jack rarely _____. He doesn't like bars or nightclubs much.

Replace the phrases in bold with their synonyms from the previous task (don't rewrite full sentences).

- 1 Mike **leaves** his wife at the office every morning. _____
- 2 Sarah **takes** the kids from school at 2pm. _____
- 3 We don't often **eat in the restaurants** because it's quite expensive. _____
- 4 I feel tired in the morning if I **don't go to bed for a long time** the night before. _____
- 5 We often **spend time** in this café. _____
- 6 Sue **spends time at home** when she is tired. _____

