

 05 Listen to three people talking about the eating habits in their country. Complete the sentences with words or phrases from the recording.

- 1 Karen thinks that there is a lot of \_\_\_\_\_ about healthy eating nowadays.
- 2 Karen sometimes gets her recipes from cookery \_\_\_\_\_.
- 3 Oliver says that people are busier these days, so they are now \_\_\_\_\_ when it comes to cooking.
- 4 Oliver and his girlfriend often eat \_\_\_\_\_ food in the evening.
- 5 Zoe says that cooking and eating good food has become \_\_\_\_\_.
- 6 Zoe doesn't like some strange \_\_\_\_\_ that people follow. \_\_\_\_\_