

LEARNING UNIT # 1/ ROUTINES

DAYS OF THE WEEK

WEEKDAYS

● MONDAY

● TUESDAY

WEDNESDAY

● THURSDAY

● FRIDAY



WEEKEND



SATURDAY ●

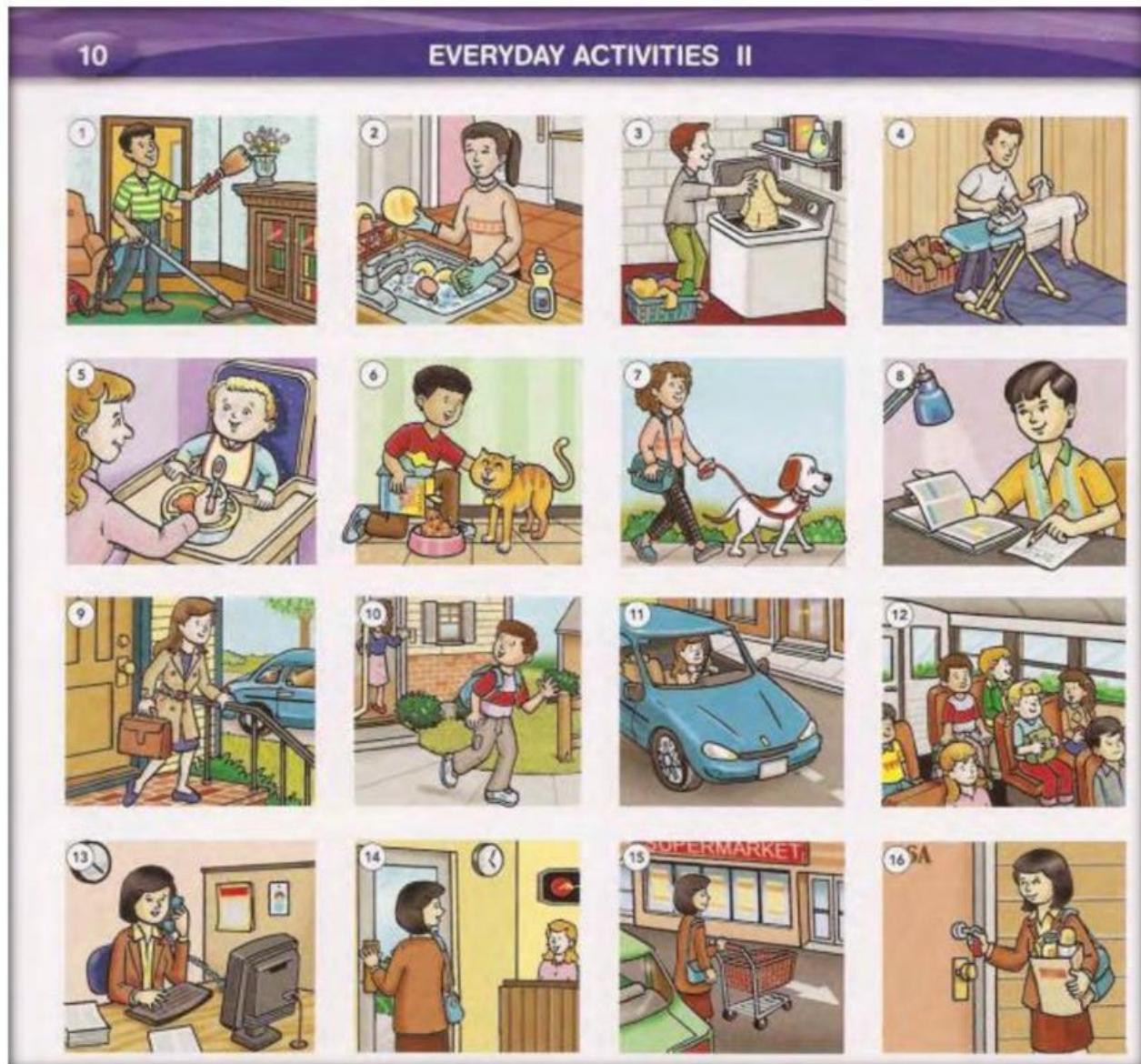
SUNDAY ●

WATCH THIS VIDEO

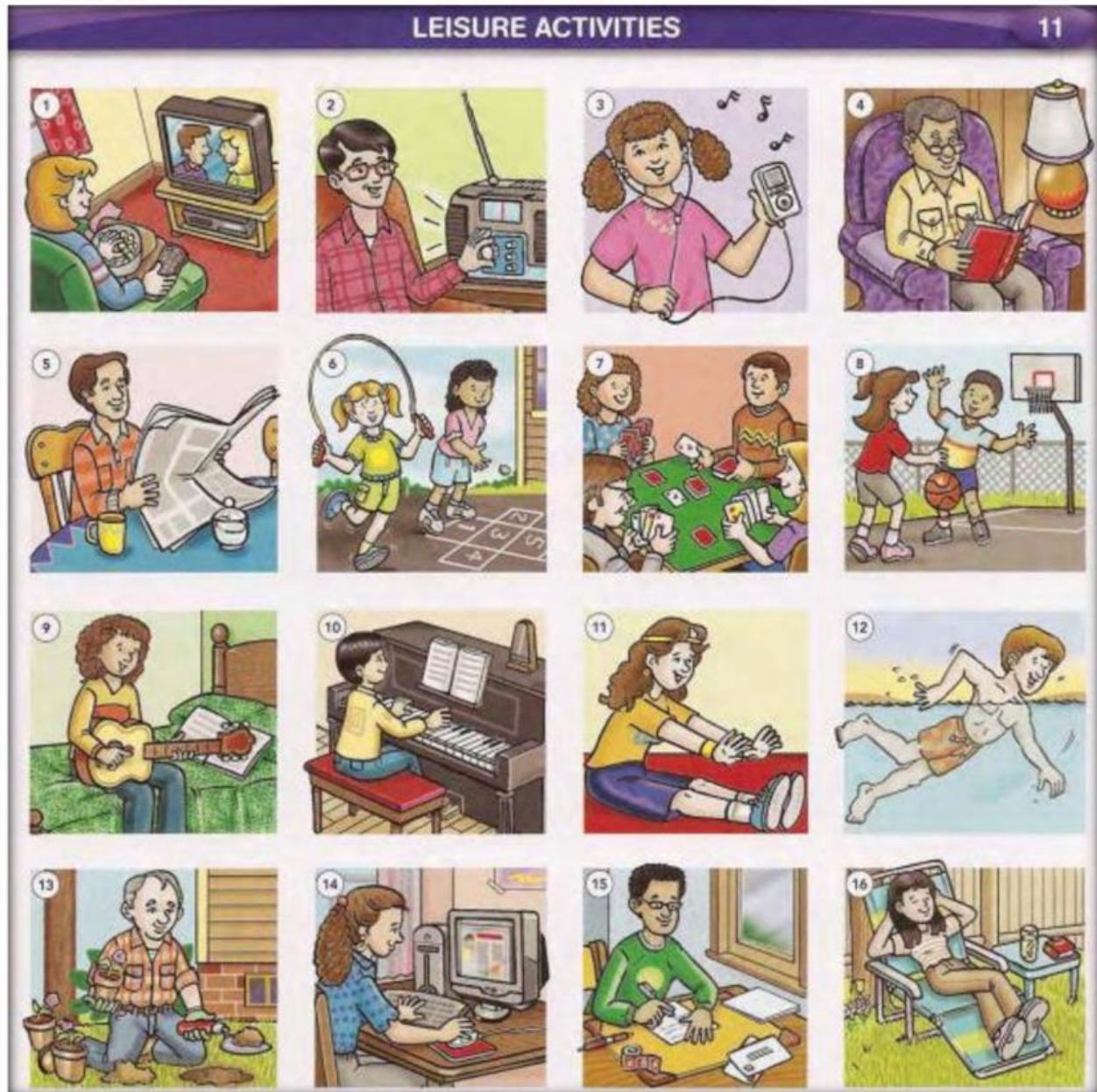




1. get up	6. wash my *face	11. get dressed	16. make lunch
2. take a shower	7. put on makeup	12. take a bath	17. cook / make dinner
3. brush my *teeth	8. brush my *hair	13. go to bed	18. eat /have breakfast
4. shave	9. comb my *hair	14. sleep	19. eat / have lunch
5. get dressed	10. make the bed	15. make breakfast	20. eat / have dinner



1. clean the apartment / clean the house	6. feed the cat	12. take the bus to school
2. wash the dishes	7. walk the dog	13. work
3. do the laundry	8. study	14. leave work
4. iron	9. go to work	15. go to the__store__
5. feed the baby	10. go to school	16. come home / get home
	11. drive to work	



1. watch TV	6. play	13. plan flowers
2. listen to the radio	7. play cards	14. use the computer
3. listen to music	8. play basketball	15. write a letter
4. read a book	9. play the guitar	16. relax
5. read the newspaper	10. practice the piano	
	11. exercise	
	12. swim	

WATCH THIS VIDEO



<https://www.youtube.com/watch?v=M4FMEmlOqTM&t=59s>



LISTENING. TASK #1 (Part A) / Instructions: Listen to teacher Rebecca and then choose the correct option to complete each statement correctly. Listen to the audio twice only.



1. I _____ to my car.
A. () wash B. () walk C. () watch
2. I _____ dinner.
A. () cook B. () buy C. () order
3. I _____ the dishes.
A. () break B. () wash C. () watch
4. I _____ a book.
A. () rent B. () write C. () read
5. I _____ my clothe.
A. () bend B. () iron C. () change
6. I _____ .
A. () dislike B. () watch C. () pay

NETFLIX

LISTENING. TASK #1 (Part B) / Instructions: Listen again to teacher Rebecca and then choose the correct option to complete each statement correctly. Listen to the audio twice only.



1. I _____ at 6:00am.
A. () run B. () work C. () wake up

2. I _____ my face.
A. () look at B. () wash C. () clean

3. I _____ coffee.
A. () hate B. () make C. () drink

4. I _____ to work at 7:30am.
A. () get B. () walk C. () run

5. I _____ from 9:00am to noon.
A. () fish B. () think. C. () teach

6. I _____ an hour lunch.
A. () take B. () eat C. () bake

DAILY ROUTINES IN CONTEXT

WRITING: connectors of sequence: FIRST, NEXT, THEN, FINALLY.

- We use the connectors of sequence to order events .
- The correct order is : **First**..... **Next**, ... **Then**,.... **After that**, **Finally**
- For example:
- **First**, I woke up. 
- **Next**, I went to school by bus. 
- **Then**, I arrived to school.
- **After that**, I came back home and watched TV.
- **Finally**, I went to sleep. 

James Williams



Daily routine.

*I get up early in the morning around 6am. **First**, I take a shower **then** I brush my teeth. After that, I eat my breakfast. **Next**, I put my clothes on and catch the train to work. **In addition**, I always take my tea break at 10am **then** I finish work at 4pm. **Finally**, I get home at 5 in the evening and have dinner **then** go to bed.*

Ady Arias



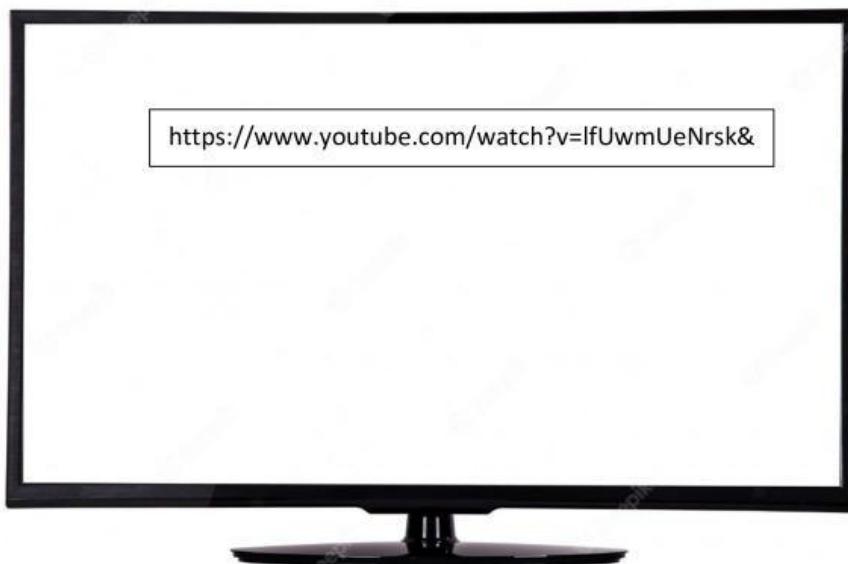
Daily routine.

I wake up at 7:00 in the morning. Then, I get up and I take a shower. After that, I go to the kitchen, where I sometimes prepare breakfast for my family and I have it with them.

After that, I always go to my English course at INA by car. I attend classes all morning and when the class finishes, I leave INA and I come back to my home.

I have lunch with my family because we want to be united. Then, we have dinner and I study for the next class. And I enter my social networks YouTube Instagram. Finally, we all go to bed.

Task. Watch the following video and pay attention how teacher Victoria Fontana explains her daily routine. Later, you will do the same thing in front of the class.



ORAL TASK: Imagine you work for MHS Consulting Group, and the new manager wants to know about you. Tell him or her about your daily routine by including as many activities as you can. Make sure you also use connectors of sequence.

Speak for 3-5 minutes.