My Words

Write the words that are new to you. Look them up in the dictionary and write their definitions.

Words	Definitions

Word Families

noun	complication	Playing a ball game is not as simple as it may look; there are many complications.
verb	complicate	The need to pay attention to many things at once complicates the game for an athlete.
adjective	complicated	A game can become very complicated when there are many players on the field.

LIVEWORKSHEETS

noun	coordination	It is important for an athlete to have good physical coordination.
verb	coordinate	An athlete must coordinate physical skill with sharp vision to play a game well.
adjective	coordinated	The coordinated movements of all the team members will help them win the game.

noun	demonstration	The athlete gave a demonstration of the correct way to throw the ball.
verb	demonstrate	Professional athletes demonstrate a high level of skills.
adjective	demonstrative	The way that goal was scored was demonstrative of good teamwork in action.

noun	performance	The team gave an excellent performance at last night's game.
noun	performer	All the performers did a good job.
verb	perform	The entire team performed well during the game.

noun	tolerance	An athlete should have tolerance for hard physical activity.
verb	tolerate	Athletes need to be able to tolerate a high level of action around them.
adjective	tolerant	Good athletes always try to do their best but must still be tolerant of occasional failure.

LIVEWORKSHEETS

noun	vision	Good vision is important for playing sports well.
adjective	visual	In sports, visual abilities can be as important as physical abilities.
adverb	visually	The coach used drawings to explain the game visually.

Word Family Practice

Choose the correct word family member from the list below to complete each blank.

In order to **1**..... well, an athlete must have a number of different abilities. Naturally, she should **2**..... excellent physical skills. In addition to strength, **3**..... of all parts of the body while moving around the court or field is very important. The athlete also needs to have good **4**..... abilities. She needs to be able to see what is happening around her so that she can respond to the other players' maneuvers. She has to be **5**..... of activity around her without losing her ability to focus on her own part in the game. Finally, she needs to be a fast thinker. **6**..... can occur in any game, and the athlete needs to be able to respond to them quickly.

1.	performance	performer	perform
2.	demonstrations	demonstrate	demonstrative
3.	coordination	coordinate	coordinated
4.	vision	visual	visually
5.	tolerance	tolerate	tolerant
6.	Complications	Complicate	Complicated

LIVEWORKSHEETS