UNIT 5: DIFFERENT FEELINGS

WORKBOOK

Lesson 5: Reading



Finally the big day arrived. I was going on an exchange trip to stay with a French family. I was feeling nervous and excited because this was my first time on a plane and my first time travelling alone, without my parents. **(1)** ..... We met Emily at the airport, a couple of hours before the flight.

The flight was fine, although it was strange seeing the city disappearing under me from so high up. The flight went by quickly because I was so busy chatting to Emily about our trip and how our different host families might be. During the flight, we decided that we shouldn't spend time together speaking in English during our month abroad. **(2)** ..... Despite our agreement, I was worried that I wouldn't be able to say much the whole time I was in France. However, when my host family met me, I knew from the mother's warm smile that everything would be OK.

It was still a bit stressful at first, trying to understand and communicate, but after a couple of weeks it became easier. I spent a lot of time with the two teenagers in the family. **(3)** ..... In fact, I learnt loads of interesting words from them, you know, the kind of things you don't find in books! I had one embarrassing moment when I used the wrong word when I was talking to their grandmother, but she was very relaxed about it. **(4)** .....

When the time came to say goodbye to my host family, I was very sad to leave. However, I have brought back some wonderful memories from this experience. The most important thing I've learnt is that if you're open and positive about learning a language, then it's much easier. **(5)** ..... I've even started watching a television series in French and I'm surprised to find that I can understand a lot more than before my stay in France.

LIVEWORKSHEETS

- Decide which sentences are definitely wrong and then try to find evidence that shows why one of the remaining ones is right.
- Think about the grammar of the sentence. Do the pronouns in the options match the sentences before and after the gap – singular/plural, male/female, etc.?

Exam advice

1 **Read the text about going to learn a language abroad. Did the writer enjoy the experience?**

2 **Five sentences have been removed from the text.**
For each question, choose the correct answer.
There are three extra sentences which you do not need to use.

A After all, you can't expect a language student to get everything right!
B I've come back relaxed and much more confident in my ability.
C I've paid attention to them and worked hard to do well.
D Otherwise we wouldn't learn as much French.
E I found it disappointing when I didn't understand.
F They didn't have time to show me much.
G Luckily, another girl from my class was going as well.
H They were younger than me but we got on well.

LIVEWORKSHEETS

READING

1 **Put the adjectives in the box into the correct categories.**
Sometimes adjectives can go with more than one preposition.

afraid amazed annoyed anxious disappointed excited
impressed jealous satisfied serious surprised worried

of	about	by	with

2 **Work in pairs. Discuss these questions.**

1 Have you ever been jealous of anyone?
2 Have you been excited about anything recently?
3 Have you been annoyed by anyone or anything recently?

3 **Decide what kind of word is missing from these statements: a preposition, a linking word or a comparative form. Then complete the gaps.**

1 Talking in front of an audience is ..... frightening than taking an exam.
2 Some people never get nervous ..... doing anything.
3 Feeling anxious is a good thing ..... it helps people to perform better.

4 **Work in pairs. Decide if you agree with the statements in Exercise 3.**

Exam task

For each question, write the correct answer.
Write one word for each gap.

Exam tip

Read the whole sentence and decide what part of speech the missing word is, e.g. verb, article, etc.

KEEP CALM!



If you get really nervous when you have to perform in front of an audience, you're not alone. It's a very common fear. Even some very experienced actors and musicians get extremely anxious before performing. Some people say that feeling anxious makes **(1)** ..... give a better performance, but other people can feel **(2)** ..... nervous that they can't perform at all. This is a very serious problem **(3)** ..... it affects their confidence and can destroy their career.

The **(4)** ..... useful thing to do if you feel worried about a performance is to try to relax. Don't think about all the things that could go wrong. Instead, keep calm and think positively. Before the performance, imagine the audience clapping and laughing. Think about **(5)** ..... good you'll feel after a successful performance. And remember, if you make a **(6)** ..... mistakes, the audience probably won't even notice.

LIVEWORKSHEETS

LISTENING

Personal feelings

1a **Match an adjective from A to the adjective from B which has a similar meaning.**

A

annoyed	awful	challenging	funny	intelligent
miserable	nervous	relaxed	strange	surprised

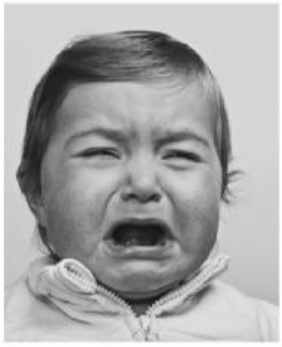
B

amazed	amusing	angry	anxious	calm
clever	difficult	terrible	unhappy	unusual

1b **Now complete the sentences below with the adjective(s) you think fits best.**

1. I was really ..... when Ted said he was getting married – I never expected that!
2. I find maths really ..... . I'm not very good at it!






Exam task

2 Track 10 **For each question, choose the correct answer.**
You will hear an interview with a TV actress called Brittany Briers.

1 Brittany realised that she really enjoyed acting when

- **A** she played at being an actor at home.
- **B** she attended some acting classes.
- **C** she took part in a school play.

2 How did Brittany feel before her first theatre performance?

- **A** worried about forgetting her lines
- **B** anxious that she would use the wrong accent
- **C** nervous about appearing in front of a large audience

LIVEWORKSHEETS

3	Why did Brittany move into TV acting?	**A** She needed to earn more. **B** She lost interest in theatre work. **C** She wanted to try something new.
4	What does Brittany still find difficult about screen acting?	**A** having to repeat scenes **B** learning to speak more quietly **C** not having an audience
5	Brittany particularly enjoys	**A** receiving a new part to learn. **B** attending special events for actors. **C** seeing her new films for the first time.
6	What does Brittany dislike about being an actor?	**A** not having many holidays **B** being recognised in the street **C** starting work early in the morning

3 **Choose the correct adjective, *-ing* or *-ed*, to complete the sentences.**

1. I found the talk on butterflies pretty *boring / bored*. I nearly fell asleep!
2. I'm really *confusing / confused* about what to do – can you help me make a decision?
3. Toni failed her driving test again – she was so *disappointing / disappointed*.
4. Wow! That film was *amazing / amazed*! It was better than I thought it would be.
5. Do you find science *interesting / interested*?
6. I'm so *exciting / excited* – we're going on holiday on Saturday!

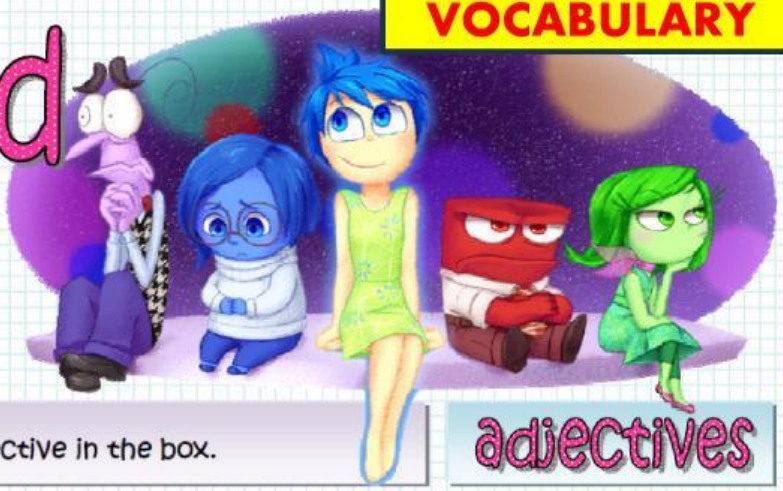
Exam facts

- In this part, you listen to one or two people talking.
- You have to choose the correct answer (A, B or C) for six questions.
- Some questions will ask you about the speakers' attitude and opinions.

LIVEWORKSHEETS

VOCABULARY

Feelings and Emotions



1. Complete the sentences with the right adjective in the box.

1. I want to go the beach today but it's raining. How _____ I am!
2. Mice and snakes make me feel _____.
3. I don't like receiving _____ comments on Twitter. How rude!
4. He's really _____ because his little brother is using his console!
5. Mum always feels _____ when she comes into my untidy room.
6. I'm _____ to be here with all my friends. The party is fantastic!
7. Berta feels _____ because she is studying abroad. She misses us.
8. Don't talk to Tom now. He is more than angry, he is _____!
9. My English teacher is so _____. She is always smiling and joking.
10. I'm _____ of being at home alone at night.

adjectives

afraid
annoyed
upset
glad
disappointed
cheerful
furious
frightened
nasty
homesick

2. Use the expressions in the picture to answer the following sentences. Follow the example.



1. "Dear, I'm cooking spinach for lunch." "Ugh!"
2. "I got 10 out of 10 in the exam!" "_____"
3. "I'm seeing a big hairy spider on the wall!" "_____"
4. "The bananas are brown and smell terrible." "_____"
5. "I'll never win the lottery!" "_____"
6. "I'm not going to pay your money back." "_____"

3. Who says this? Match the sentences to the right character depending on the emotion.



Fear Anger Joy Disgust Blue

1. "I'm delighted! Thank you for this amazing surprise!" Joy
2. "Oh, no! My marks are depressing!" _____
3. "Flying scares me". _____
4. "I can't stand broccoli. It makes me feel sick. _____
5. "I always wake up cheerful and active in the mornings." ____
6. "I feel sad because my dog is ill." _____
7. "I'm worried about my English exam tomorrow." _____
8. "Cloudy days are really miserable for me." _____
9. "Dishonest people make me feel angry." _____
10. "My best friend likes my last photo on Instagram."

LIVEWORKSHEETS