

UNIT 2 HEALTHY LIVING - TEST 3

I. Find the word which has a different sound in the part underlined. (Tìm từ có âm khác ở phần được gạch dưới.)

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|-------------------------|--------------------|-----------------------|-----------------------------|
| 1. A. <u>f</u> orm | B. <u>y</u> an | C. acti <u>v</u> ity | D. lo <u>y</u> e |
| 2. A. fr <u>i</u> dge | B. b <u>r</u> idge | C. gr <u>a</u> ph | D. ph <u>o</u> nic <u>s</u> |
| 3. A. color <u>f</u> ul | B. fri <u>e</u> nd | C. telegr <u>a</u> ph | D. caugh <u>t</u> |
| 4. A. gh <u>o</u> st | B. Gh <u>a</u> na | C. laugh <u>h</u> | D. spagh <u>e</u> tti |
| 5. A. <u>f</u> orty | B. enou <u>g</u> h | C. ph <u>r</u> ase | D. cov <u>e</u> r |

II. Circle the odd one out. (Khoanh vào từ không cùng nhóm.)

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|------------------|-------------|-----------------|-----------------|
| 1. A. acne | B. sunburn | C. chapped skin | D. dim light |
| 2. A. red spots | B. lip balm | C. suncream | D. sunglasses |
| 3. A. exercising | B. exciting | C. interesting | D. good-looking |
| 4. A. protein | B. vitamin | C. activity | D. lipid |
| 5. A. carrots | B. tomatoes | C. soft drinks | D. cabbages |
| 6. A. affect | B. skin | C. avoid | D. get |

III. Choose the correct response. (Chọn câu đáp lại đúng.)

1. How do you feel?

- A. Not so good. B. Not very beautiful. C. She is always tired.

2. What's the matter with her?

- A. She is very intelligent. B. She has lots of stamps. C. She has a sore throat.

3. I think I caught a cold on the ice rink yesterday.

- A. I want to play ice skating. B. You should drink a hot soup and take some rest.
C. She caught a cold yesterday.

4. He has a terrible toothache.

- A. Take him to the theater. B. Take him to the dentist. C. He is tall and handsome.

5. Do you often eat a lot of meat and cheese?

- A. Not very much. B. I often have breakfast late. C. My mother bought a lot of meat and cheese.

6. You shouldn't read in dim light.

- A. Yes, thank you. B. I like reading detective stories. C. You're welcome.

IV. Read the passage, and write T (True) or F (False) next to the sentences. (Đọc đoạn văn rồi viết T (nếu đúng) hoặc F (nếu sai) bên cạnh các câu.)

The secrets of long life

The island of Okinawa in Japan has some of the oldest people in the world. It's famous for its high number of centenarians - men and women who live beyond 100 years of age. There have been many scientific studies of their lifestyle and you can even buy cookery books based on their diets. Some of the reasons for their good health are that they:

- go fishing and eat what they catch.
- regularly do gardening and grow their own fruit and vegetables.
- go cycling and never drive when they can walk.
- often spend time with friends. They meet at people's houses and play games.
- rarely buy food from a supermarket.
- do regular exercise, go swimming and lead active lives

1. The island of Okinawa in Japan is famous for its high number of centenarians.	
2. The centenarians are men and women who live under 100 years of age.	
3. The centenarians go fishing and eat what they catch.	
4. The centenarians go cycling and never drive when they can ride a horse.	
5. The centenarians rarely spend time with friends.	
6. The centenarians rarely buy food from a supermarket.	

V. Complete the sentences from the given simple sentences. (Hoàn thành câu dựa vào các câu đơn được cho.)

- He is clever. He is active. -> He is clever and _____
- I wash my face. I brush my teeth. -> I wash _____
- You shouldn't eat much fast food. You shouldn't eat sweetened food.
You shouldn't eat _____
- Some students are jogging. Some students are talking.
Some students are _____
- She wears a hat. She puts on some suncream.
She wears _____
- The Japanese study hard. The Japanese work hard.
The Japanese _____
- My cousin learns English. My cousin learns Japanese.
My cousin _____
- The car is new. The car is comfortable. -> The car _____
- Nam likes playing chess. His brother likes playing chess.
_____ playing chess.
- Eating lots of vegetables is good for your health. Eating lots of fruit is good for your health.
_____ is good for our health.