

Read the text and choose the correct answer!

The following text is for question 1 to 2.

Healthy Life Original 100% Whole Wheat Whole Grain Bread

Nutrition Facts
Serving Size 2 Slices (41g)
Servings Per Container 11

Amount Per Serving	%DV	2 Slice	1 Slice
Calories 70		Calories from Fat 5	
Calories 35		Calories from Fat 0	
% Daily Value*			
Total Fat 0g,0g	0%	0%	0%
Saturated Fat 0g,0g	0%	0%	0%
Trans Fat 0g,0g			
Polyunsaturated Fat 0g,0g			
Monounsaturated Fat 0g,0g			
Cholesterol 0mg,0mg	0%	0%	0%
Sodium 150mg,80mg	6%	3%	3%
Total Carbohydrate 16g,8g	5%	3%	3%
Dietary Fiber 5g,3g	20%	12%	12%
Sugars 2g,1g			
Protein 5g,2g			
Vitamin A 0% 0%	Vitamin C 0% 0%		
Calcium 10% 4%	Iron 4% 2%		
Thiamin 6% 4%	Riboflavin 2% 2%		
Niacin 6% 2%	Folic Acid 2% 0%		

* Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

**NO Bromate
NO Hydrogenated Oil
0 Grams *Trans* Fats
NO Saturated Fats
NO Cholesterol**

INGREDIENTS: WATER, 100% WHOLE GRAIN WHOLE WHEAT FLOUR, SOY FIBER AND/OR WHEAT FIBER AND/OR SUGAR CANE FIBER, WHEAT GLUTEN, YEAST, BROWN SUGAR, CONTAINS 2% OR LESS OF THE FOLLOWING: MOLASSES, SALT, DOUGH CONDITIONERS (MONO & DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, ETHOXYLATED MONO- DIGLYCERIDES, ASCORBIC ACID, CALCIUM PEROXIDE, AZODICARBONAMIDE), CALCIUM PROPIONATE (TO PREVENT SPOILAGE), GUAR GUM, YEAST NUTRIENTS (CALCIUM SULFATE, CALCIUM CARBONATE, AMMONIUM SULFATE), FUMARIC ACID, WHEAT STARCH, PALM OIL, SOY LECITHIN.

CONTAINS: WHEAT, SOY.

LEWIS BAKERIES, INC.
GENERAL OFFICES: EVANSVILLE, IN 47710

Allergy Advisory: Produced on the same bakery equipment as baked goods containing milk, eggs, or nuts. Therefore, this product may inadvertently contain milk, eggs, or nuts to which some people may be allergic.

While we make every effort to post the most current product nutrition facts and ingredients on this web site, your best source of product information is what is printed on the package you purchase.

1. What is the purpose of the text?
 - A. To show the ingredients of a product.
 - B. To explain the superiority of a product.
 - C. To describe the nutrition fact of product.
 - D. To give detailed information about a product.
2. From the text, we can conclude that the product ...
 - A. is safe for all people
 - B. is good for our health

- C. contains saturated fats
- D. is made from wheat only

3. The following text is for questions 3

Drug Facts (continued)

Directions • use only enclosed dosing cup designed for use with this product. Do not use any other dosing device.

- take every 4 to 6 hours
- do not exceed 6 doses in a 24-hour period

age	dose
children 6 years to under 12 years	1 to 2 teaspoonfuls (12.5 mg to 25 mg)
children 4 years to under 6 years	do not use unless directed by a doctor
children under 4 years	do not use

Other information • each teaspoon contains: sodium 6 mg

- store at controlled room temperature

Inactive ingredients citric acid, flavors, glycerin, poloxamer 407, purified water, red 33, red 40, sodium benzoate, sodium chloride, sodium citrate, and sugar

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Questions or Comments?
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31-20122C

SEE NEW DOSING INFORMATION

Children's Allergy
Antihistamine
Liquid Medication

Relieves:

- Sneezing • Runny Nose
- Itchy, Watery Eyes • Itchy Throat

Cherry Flavored

Alcohol Free
Antihistamine
Diphenhydramine HCl

4 FL OZ (118 mL)

Drug Facts TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL ON THE BOTTLE IS BROKEN OR MISSING.

Active ingredient (in each 5 mL teaspoonful) Diphenhydramine HCl 12.5 mg **Purpose** Antihistamine

Uses • temporarily relieves: • runny nose • sneezing
• itchy, watery eyes due to hay fever or other upper respiratory allergies
• itching of the nose or throat

Warnings
Do not use • to make a child sleepy
• if you are on a sodium-restricted diet
• with any other product containing diphenhydramine, including one applied topically.

Ask a doctor before use if you have
• glaucoma • trouble urinating due to an enlarged prostate gland
• a breathing problem such as emphysema or chronic bronchitis

Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers

When using this product • marked drowsiness may occur
• sedatives and tranquilizers may increase drowsiness
• excitability may occur, especially in children

Keep this and all drugs out of the reach of children. In case of accidental overdose, seek professional assistance or contact a Poison Control Center immediately.

3. The product is made for people who suffer
- A. allergy
- B. glaucoma
- C. bronchitis
- D. emphysema

The following text is for questions 4 and 5.

ALL NATURAL

POWERED BY BOTANICALS

DIRECTIONS:
SHAKE WELL. SPRAY ON.
RUB IN. A LITTLE GOES A LONG WAY!

Ingredients: Liquid Shea Butter (Shea butter esters) 70%
Eucalyptus Lemon Essential Oil 30%

Store in a cool dry place. For external use only. Discontinue use if rash occurs. Do not ingest.

MADE IN USA  **Ozone Layer Deodorant, LLC**
Wilmington, NC 28401

7 22512 94772 6

ZERO BAD STUFF™

ZERO 

INSECT REPELLENT

WITH MOISTURIZING SHEA BUTTER

100% ALL-NATURAL  **NO DEET**

1.25 oz / 38 ml

4. What is the product used for?
- A. To scent the room
 - B. To moisturize the skin
 - C. To repel insects from houses
 - D. To protect user from insects bites
5. From the label we know that ...
- A. the product is harmful to human skin
 - B. the product contains unnatural ingredients
 - C. we should stop using it when rash appears
 - D. we should keep the product in a warm place

The following text is for questions 6 and 7.

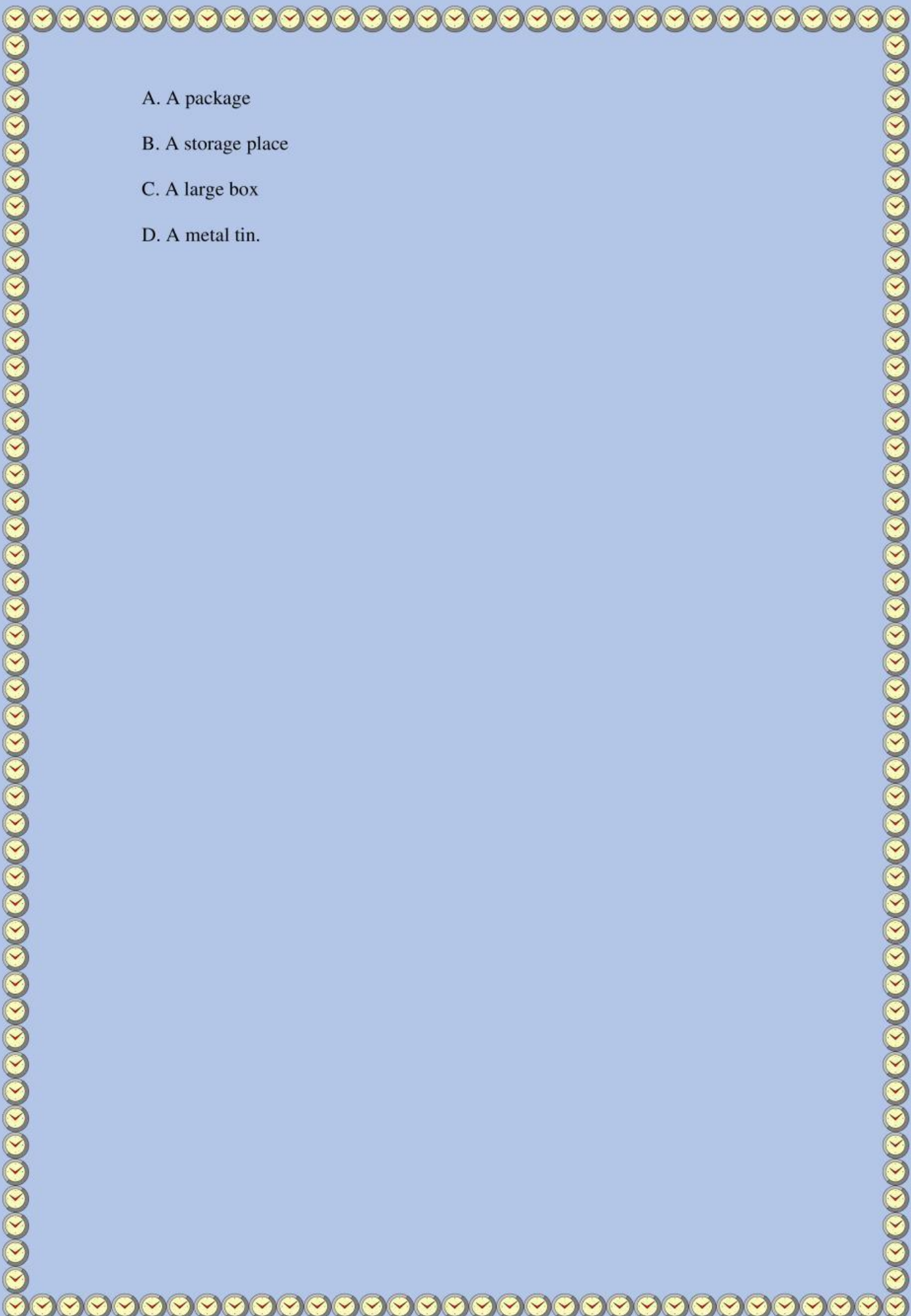


6. What is the label about?
- A. Food
 - B. Vitamin
 - C. Beverage
 - D. Supplement
7. Why do you think we should consume the product?
- A. it is healthy
 - B. it is zero fat
 - C. it contains vitamins
 - D. it has calcium

The following text is for questions 8- 10.



8. What product is the label about?
 - A. Food for kids.
 - B. Dairy milk.
 - C. Full Cream milk.
 - D. Cereal for kids.
9. From the text we know that ...
 - A. the product contains vitamins.
 - B. the product contains mostly carbohydrate
 - C. the amount of protein per serving is more than the sugars
 - D. the daily value percentage of calcium is less than that of trans fat
10. "Servings per **containers** 5"
what does the bolded word mean?

- 
- A. A package
 - B. A storage place
 - C. A large box
 - D. A metal tin.